



Worcester Athletic Club

JUNE OPEN MEETING

Thursday 20th June 2019

Nunnery Wood Sports complex, Worcester, WR5 2NL

This program (events and times) may change up to three days before the actual date of the meeting. Please check two days beforehand. Any changes will be highlighted.

Entries for Javelin events are limited and can only be made on-line. Entries for these events will close when the limit is reached OR at 23:59 on Monday 17th June, whichever is the sooner.

For all other events on-line entries will close at 23:59 on Monday 17th June, but can be made on the evening. We would prefer you to enter on-line.

Enter Online at <https://events.Englandathletics.org/event/search>

Track

Field (EDM on long throws)

Thursday 20th June

7.00 pm	100m	U13	6.30 pm	Howler Throw U11 only
7.10 pm	100m	U15/U17/U20/Snr/Vet	7.00 pm	High Jump (0.90m opening height)
7.45 pm	75m	U11	7.15 pm	Javelin U13/U15 (3 trials)
7.55 pm	1500m	All ages except U11 ^{NOTE A}	7.45 pm	Long Jump U13 (3 trials)
8.20 pm	200m	All ages	8.00 pm	Javelin U17/U20/Sen/Vet (4 trials)
8.45 pm	3000m	U15/U17/U20/Sen/Vet ^{NOTE A}		

^{NOTE A} U13/U15 may only compete in one of these events in one meeting.

U11 may not compete in more than 2 events.

U13/U15/U17 may not compete in more than 3 events.

Entry fees: U20/Senior/Vet £8.00

U13/U15/U17 £6.00

U11 £4.00

The above timetable shows the earliest start times. These may vary depending on the number of entrants.

Events held under UKA rules, licensed by UKA.

How to Enter On-line

When you enter, you will be required to Register with 'FullOnSport' (if you haven't already done so) who manage the entry system on behalf of England Athletics. Each athlete will need to use the exact name under which they have registered with UKA as there is a validation against your UKA Reference Number (**URN**).

IMPORTANT NOTE for Under 11 ENTRIES

When entering, if you do not have an England Athletics URN Number, you must tick the box, which is just above the URN box, saying "I am registering as a Scottish, Irish, overseas or guest athlete" in order to complete your entry.