

WORCESTER ATHLETIC CLUB
JUNE AND AUGUST OPEN MEETINGS 2025
Nunnery Wood Sports complex, Worcester, WR5 2NL

£50 Prizes

A £50 prize will be offered to the athlete (U15 or older) who produces the best performance across the two meetings below relative to their age corrected best performance since 1 January 2024 - as measured through a handicap scheme based on athletic scoring tables.

A separate £50 prize will be offered to the Worcester AC athlete (again U15 or older only) who produces the best “scratch” performance across the two meetings – again as measured through athletic scoring tables.

PHOTO-FINISH FOR TRACK; EDM FOR LONG THROWS

Thursday 26th June

7.00 pm	100m	U11/U13	6.30 pm	Howler Throw U11 only
7.10 pm	100m	U15/U17/U20/Snr/Vet	6.30 pm	High Jump U13 and above (1.31m opening height)
7.35 pm	75m	U11	6.30 pm	Long Jump U13, U15 (4 trials)
7.45 pm	400m	U15/U17/U20/Snr/Vet	7.45 pm	HT U15 & above (4 trials)
8.00 pm	300m	U15/U17	7.45 pm	High Jump U11 and above (0.91m opening height)
8.10 pm	200m	All ages except U11	8.00 pm	Long Jump U17/U20/Snr/Vet (4 trials)
8.45 pm	1500m	All ages except U11		

Tuesday 12th August

6.45 pm	200m	All ages	6.30 pm	Javelin All ages except U11 (4 trials)
7.15 pm	150m	U11	6.30 pm	High Jump U11 and above (0.92m opening height)
7.25 pm	800m	All ages	6.30 pm	Triple Jump U15 and above (4 trials)
8.00 pm	400m	U17/U20/Snr/Vet	7.45 pm	High Jump U13 and above (1.32m opening height)
8.20 pm	300m	U15/U17	7.30 pm	Long Jump U15 and above (4 trials)
8.30 pm	1500m	All ages except U11		
8.55 pm	100m	All ages		

All entries via OpenTrack.run

Entry fees per athlete:

June and August meetings:	Senior/U20	£8.00 for first event, £2 per additional event
	U17	£7.00 for first event, £2 per additional event
	U13/U15	£6.00 for first event, £2 per additional event
	U11	£4.00 for first event, £2 per additional event

The above timetable shows the earliest start times. The number of entrants will be controlled via the entry system and the timetable has been developed with these numbers in mind, but unexpected events during the meeting may cause delays on the day.

Events held under UKA rules.

For 12/8/25 meeting U11/U13/U15 cannot compete in both the 800m and the 1500m.

U11 may not compete in more than two events in any one meeting.

U13/U15/U17 may not compete in more than three events in any one meeting.

Enquiries to: info@worcester-ac.co.uk

Web site: www.worcester-ac.co.uk