

WORCESTERSHIRE AAA TRACK & FIELD COUNTY CHAMPIONSHIPS

Saturday 8th May 2010 at Nunnery Wood, WORCESTER

Events

Jnr, Snr & Vet Men:

100.200.400.800.1500.3000.2000sc 100H.400H. 3000W. HJ.PV.LJ.TJ.SP.DT.HT.JT.

Under 17 Men:

100.200.400.800.1500.3000.1500sc.100H.400H.3000W.HJ.PV.LJ.TJ.SP.DT.HT.JT.

Under 15 Boys: 100.200.400.800.1500.3000.80H.3000W.HJ.PV.LJ.TJ.SP.DT.HT.JT.

Under 13 Boys: 100.200.800. HJ.LJ.SP.JT.

Jnr,Snr & Vet Women:

100.200.400.800.1500.3000.100H.400H.3000W. HJ.PV.LJ.TJ.SP.DT.HT.JT.

Under 17 Women: 100.200.300.800.1500.3000. 80H.300H. 3000W.

HJ.PV.LJ.TJ.SP.DT.HT.JT.

Under 15 Girls: 100.200.800.1500. 75H. 3000W. HJ.LJ.SP.DT.JT.

Under 13 Girls: 100.200.800. HJ.LJ.SP.JT.

Similar events will be run concurrently. In line with County rules, events with less than two entries will not be held.

U15s are not allowed to compete in more than one event between 600m & 3000m inclusive on the same day (UK-A rule 107)

U13s & U15s may compete in three events only on the same day, U17s four events. (UK-A rule 107)

All athletes must be qualified to compete in the County Championships by Residence (R) Birth (B) or Rules relating to HM Forces/University. (UK-A Rule 9)

Athletes can only compete in one County's Championships in a calendar year.

Entry Fees

£3.00 first event, £1 for each subsequent event – Closing date Friday 23th April.

Entries To

WCAAA T & F, 90 Gower Road, Halesowen, B62 9BT

Cheques & Postal Orders only, [payable to WCAAA] Queries – 0121 422 3156

ENCLOSE – 9 x 6 S.A.E. - for timetable, numbers and directions to the venue.

Please ensure that you put the correct postage on the envelope

WORCESTERSHIRE AAA CHAMPIONSHIPS

ENTRY FORM

First name.....Surname..... Male / Female

Club.....

Address.....

.....

.....Post Code.....Tel no.....

Date of birth/...../..... Age group entered.....

Qualification.....(Birth – B, or Residence – R)

Event(s) 1 _____ PB _____ 2 _____ PB _____

3 _____ PB _____ 4 _____ PB _____

_____ PB _____

Fee enclosed.....

Age groups:

U13, competitors are aged 12 or 12 on 31st August 2010.

U15, competitors are aged 13 or 14 on 31st August 2010.

U/17, competitors are aged 15 or 16 on 31st August 2010.

U/20, (Jnr) must be under 20 on 31st December 2010.