

**Draft 2010 TIMETABLE Div 3 and below**

	<u>TRACK</u>	<u>FIELD</u>
11.30		HT Men
11.45		LJ Women
11.45		PV M&W
12.25		JT Women
1.00	400mH Women	LJ Men SP Men
1.10	400mH Men	
1.20		HT Women
1.25	800m Women	
1.35	800m Men	
1.45	200m Women	HJ Men
1.55	200m Men	
2.00	2K/3K S/ch Men	T J Women
2.15		JT Men
2.20	100mH Women	SP Women
2.30	3K Women	
2.50	110mH Men	
3.0	400m Women	
3.10	400m Men	
3.15	1500m Women	DT Women
3.25	1500m Men	HJ Women
3.35	100m Women	TJ Men
3.45	100m Men	
3.55	100m Non Scoring	
4.05	5K/3K Men	
4.10		DT Men
4.30	4x100m Women	
4.40	4x100m Men	
4.50	4x400m Women	
5.00	4x400m Men	