

MIDLAND COUNTIES 2010 INDOOR ENTRY FORM

www.midlandathletics.org



ALEXANDER STADIUM INDOOR FACILITY BIRMINGHAM

COMPETITIONS HELD UNDER UK ATHLETICS RULES



3RD OPEN MEETING

SATURDAY 27 MARCH 2010 SPRINTS, HURDLES OUTDOOR SHOT & DISCUS CLOSING DATE MONDAY 15 MARCH 2010	SUNDAY 28 MARCH 2010 JUMPS JAVELIN & HAMMER CLOSING DATE MONDAY 15 MARCH 2010
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PLEASE COMPLETE ALL THE INFORMATION ASKED FOR

	Age Group(M/W)	Event	2009 Best
Surname			
First Name			
Club			
Date of Birth			
Address Including Post Code			
Tel No (day)		Tel No (eve)	
Mobile		Email	

Age on 31 August 2010.....Age on 31 December 2010 (U20).....

Entry fees: Seniors £6 per event U20's £5 per event
 U17/U15/U13's £4 per event

NB entry fee for track events covers 2 races per event

Entry fee enclosed £.....Cheques & postal orders (in UK Sterling) to be made payable to MCAA. Do not send cash

Signed:.....England No.....Date.....

Athletes under the age of 16 **MUST** have the form signed by a parent or guardian

Data Protection Act: Please tick the box if you consent to information on this form being passed to any other Athletic Association/Body or event promoter.

A CORRECTLY STAMPED 1st Class SAE (9 x 6½") for EACH meeting entered **MUST** be enclosed for return of timetable and admission ticket. If this is not done then information **WILL NOT BE SENT OUT**. Send forms to the Championship Secretary (Midland Champs), MCAA, Alexander Stadium, Walsall Road, Perry Barr, Birmingham, B42 2LR.

We suggest that you obtain proof of posting for your entry, then should your entry get in lost in the post we will accept proof of posting and enter you in the meeting.

IF YOU HAVE NOT RECEIVED YOUR INFORMATION ONE WEEK PRIOR TO THE EVENT THEN PLEASE CONTACT THE MCAA OFFICE ON 0121 344 4201.

PROGRAMME OF EVENTS

3rd OPEN MEETING – 27/28 MARCH 2010

SATURDAY 23 MARCH TRACK EVENTS – TO HAVE THE OPPORTUNITY TO DO THE INDOOR & OUTDOOR DISTANCE

Senior Men	A 60m,100m, B 60mH, 110mH	Senior Women	A 60m, 60mH, 100m, 100mH
U20 Men	A 60m, 100m B 60mH, 110mH	U20 Women	A 60m, 100m B 60mH, 100mH
U17 Men	A 60m, 100m B 60mH, 100mH	U17 Women	A 60m, 100m B 60mH, 80mH
U15 Boys	A 60m, 100m B 60mH, 80mH	U15 Girls	A 60m, 100m B 60mH, 75mH
U13 Boys	A 60m, 100m B 60mH, 75mH	U13 Girls	A 60m, 100m B 60mH, 70mH

OUTDOOR THROWS

Senior Men, U17 Men, U15 Boys Shot & Discus
Senior Women, U17 Women, U15 Girls Shot & Discus

SUNDAY 24 MARCH FIELD EVENTS

Senior Men	HJ, LJ, TJ, PV	Senior Women	HJ, LJ, TJ, PV
U20 Men	HJ, LJ, TJ, PV	U20 Women	HJ, LJ, TJ, PV
U17 Men	HJ, LJ, TJ, PV	U17 Women	HJ, LJ, TJ, PV
U15 Boys	HJ, LJ, TJ, PV	U15 Girls	HJ, LJ, PV

OUTDOOR THROWS

Senior Men & Women Javelin & Hammer
U17 Men & Women Javelin & Hammer

AGE GROUPS:

Under 20 Men/Women	Over 17 but under 20 on 31 December 2010
Under 17 Men/Women	Over 15 but under 17 on 31 August 2010
Under 15 Boys/Girls	Over 13 but under 15 on 31 August 2010
Under 13 Boys/Girls	Over 11 but under 13 on 31 August 2010

UK ATHLETICS RULE 107 APPLIES TO ALL AGE GROUPS

THERE MUST BE A MINIMUM OF 3 ENTRIES PER EVENT AND WE RESERVE THE RIGHT TO CANCEL AN EVENT IF ENTRIES FALL BELOW THIS NUMBER.

**NB: The organisers reserve the right to refuse entries and revise dates where necessary.
PLEASE NOTE: ENTRIES MAY BE RESTRICTED DUE TO EXCESSIVE NUMBERS.**

COACHES

ON PRODUCTION OF A CURRENT UKA COACHING LICENCE COACHES WILL BE CHARGED A £1 ENTRANCE FEE