

## Midland Regional Cup Final in Pictures - 2017



**EMILY SEWARD TACKLES THE SPRINT HURDLES (PB)**



**MIKE SMALL HURLING A JAVELIN (over 27mt)**



**DAVE HALL IN ONE OF HIS MANY RACES (inc. a 100mt PB)**



**BECKY SELVEY WINNING THE W35 800mt (PB)**



**HENRY HOPKINS SCORING WELL IN THE M40 TRIPLE JUMP**



**ROS TOWNSEND-HOPE LEADS ANGELA COPSON IN 800mt**



**MEL GARLAND POWERING TO VICTORY AT 100mt**



**MARTYN COLE IN THE 2k RACE WALK (SB)**



**GREAT HANDOVER TO RICHARD PERKINS IN 4x100 RELAY**



**SPEEDY START FOR NICOLA GUIVER IN THE W35 100mt**



**IRIS HOLDER RACING TO GOOD POINTS IN THE W70 100mt**



**MARC FLANNERY FLINGING A RED DISCUS (SB)**



**AMANDA STEER IN THE W35 3000mt (SB)**



**RACHEL ORME SETTING A PB IN THE W50 3000mt**



**DEREK JACKSON WINNING THE M60 3000mt**



**JAN TIMBERLAKE – GOOD POINTS IN THE TRIPLE JUMP**



**LIZ BOWERS SETTING A PB IN THE 2k RACE WALK**



**MAGGIE CROSSWELL WITH A PB IN THE W60 1500mt**



JOHN BROOK IN THE M70 200mt



WENDY BENNETT WALKING TO VICTORY



ANGELA SONN – FIRST LEG  
OF THE 4x100mt RELAY



**MIDLAND VETERAN'S  
TRACK AND FIELD LEAGUE 2017**

**LEAGUE  
CHAMPIONS**

**BOTH THE MEN'S AND THE WOMEN'S TEAMS!**



Compiled by Roger Garland – Sept 2017