

CLUB RECORDS

Overall Track & Field

(Age groups U17 and above qualify)

Last updated **July 2024** (changes shown in **RED**)

Women

Event	Name	Record	Date set
Track			
60m	Millie Clemson	7.71 i	Feb 2023
100m	Millie Clemson	12.1	May 2023
200m	Kim Price	24.90	1987
400m	Kim Price	56.9	1988
800m	Anna Simmonds	2'05.76	Jul 2006
1500m	Anna Simmonds	4'25.39	Jun 2007
3000m	Jenny Nesbitt	9'11.37	Jul 2018
5000m	Alice Wright	15'45.87	May 2015
10000m	Alice Wright	31'56.52	May 2019
60m Hurdles	Heather Paton	8.81 i	Mar 2014
100m Hurdles	Heather Paton	14.06	Sep 2015
400m Hurdles	Dijana Clarke	61.12	May 2023
4 x 100m relay	Zoe Styles, Georgina Greenwood, Ella Gibbons & Heather Paton (as U20W)	47.99	Jul 2013
4 x 400m relay	Kate Raven, Emma Robertson, Lilia Mico and Alice Lazenbury	4'11.8	Aug 2023
Field			
High Jump	Ella Gibbons (as U20W) Hannah Tapley (as U17W)	1.75	Jul 2013 Feb 2015
Long Jump	Kim Price	5.95	1988
Triple Jump	Danielle Hopkins (as U17W)	11.28	Sep 2018
Shot	Kim Price	11.18	Jun 1988
Discus	Elise Bue	45.16	Jun 2016
Hammer	Lynette Bristow	36.40	Aug 1999
Javelin	Holly Wootten (as U20W)	36.24	Jul 2012
Pole Vault	Becky Donnelly	3.60	Feb 2015
Pentathlon (Indoor)	Kim Price	3781	Mar 1989
Heptathlon	Kim Price	5297	Aug 1986

Mixed

Event	Name	Record	Date set
Track			
4 x 400m relay	Josh Sanders, Lenka Koubkova, Alice Lazenbury and Cole Flint	3' 51.1	Jul 2024

CLUB RECORDS

Overall Track & Field

(Age groups U17 and above qualify)

Men

Event	Name	Record	Date set
Track			
60m	Alex Houchin (as U20)	6.91i	Feb 2024
100m	Andy Carrott	10.44	1989
100m	Andy Carrott	10.2w	1988
200m	Andy Carrott	20.76	1988
400m	Alex Houchin (as U20)	47.36	June 2024
800m	Sam Davey	1'49.65	Aug 2023
1500m	Josh Carr	3'41.3	Jun 2016
1 mile	Josh Carr	4'06.96	May 2016
3000m	Josh Carr	8'16.05	Apr 2016
5000m	Keith Angus	14'17.3	?
10000m	Kevin Bond	29'53.0	?
Marathon	Eric Austin	2:15'59	1972
60m Hurdles	Ben Clarke	7.76 i	Dec 2018
110m Hurdles	Steve Howlands	14.9	?
400m Hurdles	Steve Hinchcliffe	54.44	?
2000m S/Chase	Ian Atkins	5'46:17	Jun 1984
3000m S/Chase	Ian Atkins	8'53:58	1983
4 x 100m relay	Keiran Garrattley, Ollie Gould, Ollie Biddle, Sam Khogali.	42.78	Jul 2015
4 x 400m relay	?	3'25.7	?
Field			
Long Jump	Sam Khogali	7.20i	Mar 2015
Long Jump	Sam Khogali	7.40w	May 2016
Triple Jump	Jeremy Church	14.73	1980
Triple Jump	Jeremy Church	14.74w	1985
High Jump	Joel Khan	2.23	Feb 2021
Pole Vault	Ben Clarke	4.17	Aug 2018
Shot Putt	Damen Cripps (as U17M)	13.81	1987
Discus	Lee Newman	46.80	Jun 2017
Hammer	Ashley Andrews	53.72	Jun 2016
Javelin	Alan Rowberry	59.86	Apr 1987
Multi-events			
Heptathlon	Ben Clarke	5149 i	Jan 2019
Decathlon	Ben Clarke	6819	May 2019