

6-7 August 2011 – Midlands Under 15-17 Athletics Championships

It was a successful weekend for Worcester Athletics Club's junior section at the Midlands Under 15 & 17 Championships incorporating the Under 13 Quadrathlon. 11 to 16 year olds from as far afield as Bath to the south and Stoke to the north made the journey to Birmingham's Alexander Stadium to go head-to-head for Midland titles.

RGS student Jenny Nesbitt has had a stellar season to date under coach Dave Walker's watchful eye and currently sits 6th in the UK Under 17 rankings for the 1500m. She proved too strong for Cannock and Stafford's junior international Becky Straw, running clear to claim gold for Worcester in the Under 17 Women's 1500m in a time of 4'37.22 to finish 4 seconds clear of the field.

15 year old Zoe Styles claimed a brace of bronze medals in the Under 17 Women's 100m and 200m overcoming headwinds to record times of 12.95s and 26.65s respectively. With another year to come in the Under 17 age group, Zoe and her coach Mike Bennett will be confident of even greater things to come in 2012.

One of the youngest Worcester athletes competing in Birmingham was Ben Clarke in the Under 13 Boy's Quadrathlon. Personal bests in the long jump and high jump secured Ben the overall silver medal position. Perhaps better known for his middle distance performances, the Worcestershire Under 13 800m county champion's all-round athleticism shone through as he marked himself out as a bright prospect for the future

Finishing just outside of the medals, several Worcester AC athletes claimed 4th places: Georgina Greenwood in the triple jump and high jump (9.86m and 1.50m respectively); Hakim Shepherd in the triple jump (12.20m); and Tom Stock in the 1500m (4'24.58). Other notable performances were Heather Paton's 5th place in the Under 17 Women's 80m hurdles and Harry May's long jump and 100m personal bests in the Under 13 Boys' Quadrathlon.