

Worcester cross-country stars enjoy Midland Championships success

Last Saturday Worcester Athletics Club continued its rich vein of cross-country form with a brace of medals at the Midland Cross Country Championships, held at Woollaton Park, Nottingham. Over 1,200 runners, including a number of international athletes, enjoyed the crisp conditions and muddy course.

Amongst the Worcester representatives it was Declan McManus who enjoyed the greatest success over the hilly course, claiming a hard-fought silver medal in the under 15 boys' race. Jenny Nesbitt was the other Worcester AC athlete to collect a medal, claiming bronze in the under 17 women's race behind Leicester's Amy Griffiths and Cannock & Stafford AC's Becky Straw, both of whom have earned England vests in the past.

Also donning the Worcester AC colours were Ben Clarke (under 13 boys – 31st); Nixie Turner & Helen Jubb (under 15 girls – 24th and 38th); Daniel Stock (under 15 boys – 52nd); Oliver Roberts (under 17 men – 68th); Molly Browne (under 20 women – 20th); Lewis Roberts and Josh Carr (under 20 men – 18th and 41st); and Adam Wilkes and Phil Bullock (senior men – 92nd and 156th).