

Worcester Athletic Club

Under 11 Sportshall Pentathlon Awards 2014 – 2015

Results taken from training (if measured), H & W League & Regional Finals

We award gold, silver and bronze medals to the girl & boy, in each year group, who have scored the most points.

The qualifying events were their 5 best scoring events; including at least one jump, one throw and one run/agility event.

Medal winners:-

	Gold	Silver	Bronze
Year 5 Girls	Lottie Bentley Aggie Swenson N/M	Grace Bowen	Alice Barker
Year 5 Boys	Andrew Jeavons Tawonga Chadhani N/M	Freddie Westbury	Oliver Giles
Year 6 Girls	Ani Patrick	Lucy Marriott	Amy Tyres
Year 6 Boys	Cameron Richardson	George Glover	James Vaughan

New Club Record: Florence Powell – 55 Speed Bounces in 20 seconds.

As we wind up the Sportshall season I would like to say congratulations to you all. Take a look at all the fabulous performances below (your personal bests).

School Year 6 Girls

		Standing Long Jump	Standing Triple Jump	Vertical Jump	Speed Bounce	Balance Test /30	Balance Test /60	Chest Push	Javelin	1 lap Run St Johns	2 lap Run St Johns
Isabella	Barkas	1.57	4.00	31	44	10		4.00	5.75		
Aimee	Cochrane		5.08	36			23	5.75	9.75		28.0
Jemima	Hobby	1.50	5.04		46	17		5.25	8.25		27.2
Madison	Mardell	1.54	4.50	32	43	15		5.25	8.25		
Lucy	Marriott	1.93	5.25	43	49	20		6.50	8.25	13.8	
Madeline	Oswell	1.20	3.75		35	12		4.25	5.50		
Ani	Patrick	1.69	6.00	38	48	30		6.00	11.50	14.4	
Florence	Powell	1.64	4.25	31	55	20		5.50	5.75		
Chloe	Rooke		3.00	21	27	4		5.00	8.50		
Julia	Spence	1.58	4.31	41	43		13	4.25	9.25	13.5	28.0
Esmee	Sutton	1.64	4.25	34	48	20		6.00	7.25		
Abi	Timmington	1.88	5.25	48	41	20		5.75	7.25		
Olivia	Tonkinson	1.62	4.50	36	46	17		4.75	5.00		
Amy	Tyers	1.84	5.47	42	50	21	38	5.50	8.75		27.1
Rebecca	Yarwood	1.58	4.50	31	42	15		5.00	10.50		

School Year 6 Boys

		Standing Long Jump	Standing Triple Jump	Vertical Jump	Speed Bounce	Balance Test /30	Balance Test /60	Chest Push	Javelin	1 lap Run St Johns	2 lap Run St Johns
Jack	Barnes	1.28	4.00		34	21		5.25	9.75		
Andrew	Bell		4.25	33	37	7		5.25	6.50		
Charlie	Bell	1.41		35	35		14	4.75		14.6	29.3
Andrew	Bowkett	1.30	3.75	30	39	13		5.25	13.75		
Spike	Burnage	1.68	4.32	38	38		42	5.25	14.00	13.5	27.8
Riley	Carpenter	1.70		45	45		40	5.75	16.75	13.6	26.9
Harry	Cunningham	1.53	4.25	35	47	22		5.50	11.50		
Michael	Dyson	1.64	5.00	43	49	22	51	6.00	15.50	14.4	30.2
George	Glover	1.78	5.25	42	49	30		8.00	13.00		
Jacob	Khan	1.66	5.50	47	47	21		6.00	12.00		
Finley	Parker	1.76	4.50	38	44	22		4.25	7.75		
Cameron	Richardson	1.74	5.50	43	51	14	31	6.50	15.75	12.8	25.2
Alfie	Robbins	1.66	5.00		46	18	38	5.25	15.50	13.7	27.3
Alex	Santafe	1.40	4.00	28	49	16		5.50	11.00		
Cameron	Smith	1.70	4.75	40	52	27		6.25	15.50		
Sean	Thomas	1.64	4.00	29	38	9		5.25	6.75		30.8
James	Vaughan		5.03	40	52				17.50		25.9
Ywiel	?			43	43			5.25			

School Year 5 Girls

		Standing Long Jump	Standing Triple Jump	Vertical Jump	Speed Bounce	Balance Test /30	Balance Test /60	Chest Push	Javelin	1 lap Run St Johns	2 lap Run St Johns
Alice	Barker	1.48	4.50		35	24		4.50	8.00		
Lottie	Bentley	1.22	4.00	36	44	18	30	4.50	8.50		27.8
Grace	Bowen	1.19	4.00	27	38	27		4.75	10.00		
Niamh	Chenery	1.12	4.00	25	32	18		4.75	7.50	16.1	31.3
Emma	Collings	1.32	3.75		42	14		5.25	7.50		
Bethany	Harris	1.48	4.02		34	14		3.50	7.25	15.9	
Leah	Mole	1.38	4.00	25	31	10		4.00	8.00	18.5	32.9
Emily	Shaw	1.30	3.50	28	35	6		4.00	6.25		
Fenya	Smith	1.18	3.50		27	7		3.75	4.50		
Natalie	Stallard	1.18	4.25	27	39	19		4.50	7.75		
Maya	Stewart	1.46	4.00		39	16		5.25	9.00		
Molly	Stewart		3.50	33	39	30		4.25	5.00		
Aggie	Swenson	1.50	4.00	36	41	30		4.50	8.25		
Lucy	Thomas	1.34	4.00	30	36	8	20	3.75	8.25	15.1	
Millie	Warner		3.75			15			6.50		
Megan	Williams		3.50			15			6.00		

School Year 5 Boys

		Standing Long Jump	Standing Triple Jump	Vertical Jump	Speed Bounce	Balance Test /30	Balance Test /60	Chest Push	Javelin	1 lap Run St Johns	2 lap Run St Johns
Yaniv	Bames			38	39			4.75			
Tyrel	Booten-Asante		5.25			13			12.25		
Tawonga	Chadhani	1.60	4.50	38	40	7		5.00	10.25	13.9	
Ethan	Gerrard	1.30	4.00	28	32	12		4.75	8.50		
Oliver	Giles	1.10	4.00	27	38	9	12	4.75	11.00		30.5
Tom	Hobby	1.28							12.25	14.9	
Andrew	Jeavons	1.50	4.36	34	43	8	14	5.00	8.50	14.4	28.7
Oliver	Pritchett	1.28	4.00	31	41	7		4.50	9.50		
Rory	Quick		4.25			14			12.00		
Hugo	Robinson	1.40	3.98	27	30		19	4.00	9.25	14.8	30.1
Adam	Shorter	1.28	3.50	23	34	11		4.75	5.25		
Daniel	Skilbeck	1.38	3.75	28	36	8	14	4.25	6.75	15.6	
Harry	Warnock			27	36			3.75			
Freddie	Westbury	1.46	4.00	35	41	10		5.00	14.00		30.8
Ywikel	?			43	43			5.25			