

# WORCESTER NEWS NEWS

## ATHLETIC

ALTERNATIVE cc.

w.w.c. 29/55.

## CLUB NUNNERY WOOD

# arena proving to be a big hit

by PAUL PEACHEY  
Evening News

WORCESTER Athletic Club had been waiting years for a new running track to help bring on young talent in the area.

After that, the one month delay before the opening of the £1.2 million arena and artificial pitch at Nunnery Wood was a minor inconvenience.

Now the club is training twice weekly on the special surface. Nunnery Wood sports complex officer Simon Hawkins is convinced it will herald a golden period for the county's sport.

The facilities are now available in the city to nurture young stars. The joint project between the city and county councils, Worcester Sixth Form College and the Sports Council has resulted in an impressive sporting centre.

The floodlit eight lane track with ten lanes for sprinting is good enough for regional competitions and junior inter-nationals.

Events can be co-ordinated from a

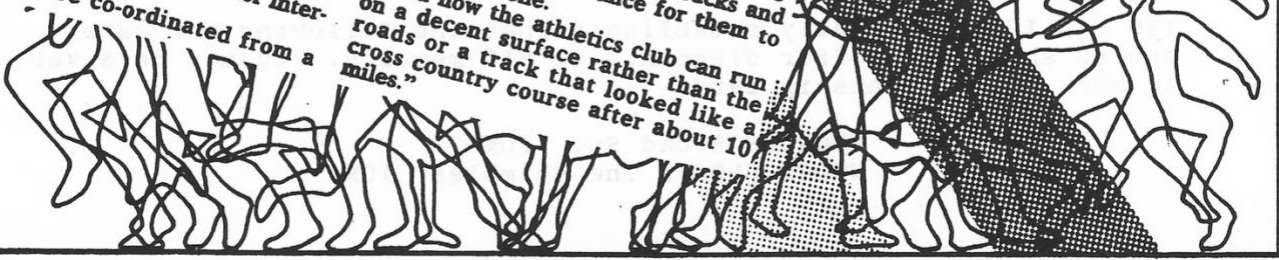
control tower which looks out over the track. The grass area in the middle of the track is expected to be ready by next summer. It will be used for field events and will be marked out for five-a-side pitches.

Clubs are already booking the artificial pitch for training, including Worcester City Football Club and the Malvern teams from both the city and facilities.

Mr Hawkins said: "The arena is not only for hard bitten athletics people to use. It will be ideal for school sports days.

"Children see top athletes on the television using these kinds of tracks and it will be a great chance for them to use a similar one.

"And now the athletics club can run on a decent surface rather than the roads or a track that looked like a cross country course after about 10 miles."



At the ANNUAL GENERAL MEETING in December the following committee members were elected.

- Chairman: DAVE ASHMAN 0905 423280
- Vice Chairman/Young Athletes Manager: SIMON TANSELL 0905 29236
- General Secretary: DEREK COWDREY 0905 830612
- Treasurer/Subs. Secretary: CAROLE CLARK 0905 21174
- Mens Race Walking Manager: JOHN MARSHALL 0905 451898
- Ladies Race Walking Manager: ANNE PERRY 0905 616718
- Mens Team Captain: JEREMY CHURCH 0684 572843
- Mens Cross Country Manager: MARK HILL 0905 358638
- Ladies Track & Field/ Cross Country Manager: DAVE WALKER 0905 355689
- Ladies Team Captain: REBECCA WALKER 0905 355689
- Minutes Secretary: CLIVE SPENCER 0905 54197
- Newsletter Editor: CHRIS CROSSWELL 0905 28395

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The AGM also ratified new subscriptions for 1995, which are as follows  
Members who subscribe before 31st.March can take advantage of reduced rates.

|               |        |                |     |
|---------------|--------|----------------|-----|
| SENIORS       | £20    | after 31 March | £30 |
| JUNIORS       | £12.50 | " "            | £20 |
| Under 12's    | £8     | " "            | £12 |
| Non competing | £8     | " "            | £12 |
| FAMILY        | £28    | " "            | £35 |

Please make use of the subs. form at the back of this newsletter.  
Early payment saves you money and allows the Club to budget efficiently.

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LOCAL SHOPPING DISCOUNTS

TIM MILLIS has recently established that the following Worcester sports shops will offer discounts to WAC members. You may be asked to show your membership card.

- KNOWLES Broad St. 10%
- WHOSE SPORTS The Shambles 10%



ON FEBRUARY 18th. THE CLUB IS HOSTING A BIRMINGHAM LEAGUE MENS CROSS COUNTRY RACE AT MALVERN COMMON. I AM LOOKING FOR AS MANY PEOPLE AS POSSIBLE TO HELP WITH THE MARSHALLING AND WITH MARKING OUT OF THE COURSE, SO AS TO MAKE IT AS SUCCESSFUL AS LAST YEARS EVENT.

I AM ALSO LOOKING FOR ANY DONATIONS OF CAKES etc. THAT WE CAN SELL ON THE DAY. THEY DON'T HAVE TO BE HOMEMADE, MR. KIPLING IS PERFECTLY ACCEPTABLE!

IF YOU CAN HELP IN ANY WAY OR IF YOU WANT TO RUN IN THE RACE THEN PLEASE GET IN CONTACT.

MARK HILL Home 0905 358638 Work 0203 524293

Please let Mark know of your availability well before the event. ED.

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NUNNERY WOOD TRACK

6mm. max. spikes allowed

In the interest of safety and track-wear the following track discipline must be adhered to at all times:

- WARM-UP ——— Outside track
- COMPETITION & WALKING ——— Lanes 1 & 2
- MIDDLE DISTANCE ——— Lanes 3 & 4
- HURDLES ——— Lanes 5 & 6
- SPRINTS ——— Lanes 7,8,9 & 10

A track fee of 50p. for juniors and £1 for seniors each session, is currently being collected by coaches. Non WAC members are charged £2 if training with a Club group. IF YOU USE THE TRACK WHEN THERE IS NOT A COMMITTEE MEMBER OR COACH AVAILABLE TO COLLECT YOUR FEE, PLEASE PAY NEXT TIME.

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Once again, the BEACON RACE organised by JIM TINGLE and sponsored by Club President JOHN BROOK has swelled Club funds. Many thanks JIM & JOHN.

PRESENTATION EVENING

The Presentation Evening at the end of October was held at the Nunnery Wood Sports Centre, a welcome return. Members received awards for Track & Field, Cross Country and Race Walking from City sports supremo WYN DAVIES. There were two new awards this year, for road running and cross country. The evening finished with a disco.

1993/94 TROPHY WINNERS

| <u>TROPHY</u>              | <u>PRESENTED FOR</u>  | <u>WINNER</u>                  |
|----------------------------|---|--------------------------------|
| Violet Bick Trophy         | Men's Club Champion (Track & Field)   | Simon Tansell                  |
| Ann Wade Trophy            | Ladies' Club Champion (Track & Field)   | Carole Clark                   |
| Frank Edwards Shield       | Junior Ladies Champion (track & Field)  | Melanie Prout                  |
| Ford Motorhouse Cup        | Men's Club Champion (Cross Country)   | Dave Wilde                     |
| Yelling Cup                | Ladies' Club Champion (Cross Country)   | Laura Smith                    |
| H. Samuel Shield           | Youth's Club Champion (Cross Country)   | not awarded                    |
| Vic Wilson Cup             | Men's Walking Champion  | Les Scrivens                   |
| Ann Keeley Cup             | Ladies' Walking Champion  | Catherine Perry                |
| Paul Sargent Cup           | Men's Long Distance Walking Champion  | Len Creo                       |
| Councillor Wilkes Trophies | Best Performance in U13 Triangular League (Boys)<br>Best Performance in U13 Triangular League (Girls) | Scott Shuter<br>Vicky Young    |
| Ann Rich Clock             | Best Supporting Lady  | Clare Hilles                   |
| Worcester A.C. Trophies    | Most Improved Field Athlete (Men)<br>Most Improved Field Athlete (Ladies)                             | Glyn Chidlow<br>Rachel Walker  |
| Vets Award                 | Mens Veteran Club Champion (Track & Field)  | Phil Goddard                   |
| Charles Wilcox Trophy      | Best Overall Cross Country Performance  | Anita Jenkins                  |
| 3 Counties Cup             | Best overall performance in Grand Prix Road series  | Roger Blandford<br>Geoff Jones |
| Charles Jones Cup          | Best Performance Last Season (County 800m Champion)   | Michelle Hemming               |

CLUB KIT

Club vests are available from DEREK COWDREY. Starting from January, He will be operating a Part-exchange scheme. When purchasing a new vest, return your old one and he will make an allowance on the new price, subject to condition. Second-hand vests will be for sale.

100 CLUB DRAW

|          |    |           |     |
|----------|----|-----------|-----|
| November | 41 | AJ BOWLEY | £25 |
|          | 1  | S TANSELL | £15 |
|          | 44 | not taken |     |
|          | 23 | G ASTON   | £5  |
|          | 74 | D COWDREY | £5  |

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We welcome new members:

KAREN METCALFE Dugard Way Droitwich  
RUTH PIMLOW Upper Hook Rd Upton on Severn  
STEPHEN BENNETT Enfield Rd Redditch

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GRAND OFFICIAL OPENING

The official track opening will take place on 30th. April 1995 with the first league fixture the WAC will host, a YOUNG ATHLETES LEAGUE meeting.

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TRACK MATTERS

Dear Member, With the arrival of the new track in Worcester we are now able to host meetings.

To promote the Club and this new facility it is important that these meetings are run correctly and efficiently, and this will require planning.

A small group is being set up to coordinate the planning, and I am writing to ask for your assistance with this by letting me know whether you are available on any of the dates listed below.

It is also hoped that the County Championships will be held on the new track (13 May), and possibly pre-season open meetings.

Your help is required to ensure our new track is a success in this coming season and also in future seasons.

|           |                       |
|-----------|-----------------------|
| 30 APRIL  | YOUNG ATHLETES LEAGUE |
| 03 JUNE   | MIDLANDS MENS LEAGUE  |
| 23 JULY   | LADIES LEAGUE         |
| 10 AUGUST | VETS LEAGUE           |

SIMON TANSELL  
24 Wilson St. Worcester 0905 29236

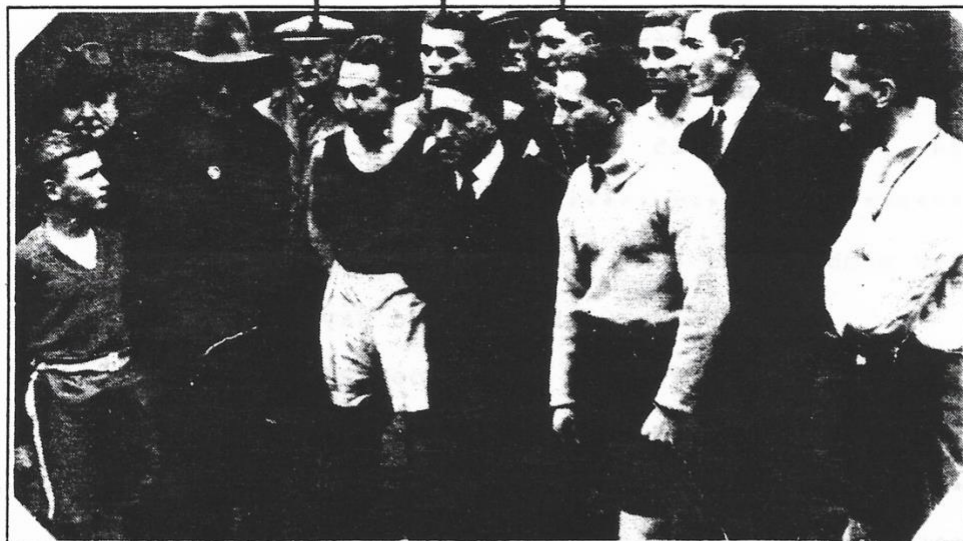
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Founder members of WORCESTER HARRIERS/WORCESTER A.C.

E. ANDREWS

ALF POOLE

CHARLIE WILCOX



CHARLIE JONES

On presentation evening, the club present his cup, for the best performance.

SOME of Worcester's leading athletes and runners of yesteryear are remembered with today's photograph from the Thirties.

It is of founder members of Worcester Harriers Club, at the rear of their headquarters at the Red Lion in Sidbury.

The picture comes from Marcel Callow of St Oswalds Close, Upper Tything whose father, Chris Callow, is in the group and was a leading figure in Worcester Harriers.

Marcel identifies some others in the photograph as a "young" Alf Poole, Charlie Jones, Arthur Hall, Steve Callow, Fred Hale, Charlie Wilcox and E. A. Andrews.

## Perry and Clarke in top form

WORCESTER Athletic Club (race walking) members Catherine Perry and Mandy Clarke took part in the English Schools Track Walking Championships at Perry Barr.

They competed in the senior women's 5,000 metres over 12 laps of the track. Perry finished fourth in a time of 34 min 25.49 secs followed by Clarke in 36 min 56.73 secs.

Also representing Worcester AC was Suzy Blunt in the junior girls 2,500 metres who was 11th in 15 min 17.81 secs.

Worcester AC, senior walking men John Marshall and Les Scrivens travelled to Cannock in Staffs to compete in the Midlands Veterans 5,000 metres handicap race on the track, in the handicap competition.

Marshall finished sixth and Scrivens eighth in the basic scratch race.

Scrivens was second in a time of 27 min 34 secs and Marshall fifth in 30 min 05 secs

## Newcomers shine

THE cross-country season is back again and Worcester Athletic club took nine young athletes, including three newcomers, to compete in the first meeting of the league at Warley Wood on Sunday.

Tina Clissett started the action in the under-17 girls race finishing in 14th position, the highest of the day for the club.

Next to go were the under-15 girls where Mandy Thomas finished in 80th place. Scott Shuter and first timer Luke Walker were next to run in the under-13 boys category, finishing 23rd and 37th respectively.

In the under-15 boys race Worcester were represented by

Paul Hadley and Ian Broomfield, who finished 33rd and 83rd in the largest field of the day.

The second newcomer of the day was Katie Maudsley who ran very well to finish in 44th place in the under-11 girls race.

In the final race of the day, last year's top performer Ian Grime accompanied by Gareth Edwards, the third member competing for the first time, in the under-17 boys race finished 18th and 42nd respectively.

The second meeting will be at Tamworth on November 6.

## Scrivens in fifth spot

WORCESTER Athletic Club's senior race walking team competed in the Leicester Mercury 10 kilometre race which also incorporated the National Veterans 10 kilometre event.

Les Scrivens (21st) was the best placed Worcester racer in a time of 58 mins 17 secs in the Open Race, and fifth in the veteran over 50 years event.

Dave Kenny was 23rd in 58.33 followed by John Marshall in 33rd place with a time of 62.44.

# Youngsters shine in cross-country

THE second Lex Volvo Young Athletes Cross-Country League meeting of the season took place at Wiggington Park, Tamworth, with 11 young Worcester Athletic Club members taking part. In the first race, for

under-17 girls, Tina Clissett carried the club colours into 19th place. The second race, for under-11 boys, saw Sam Walker take part in his first ever race and finish a creditable 44th.

Two others competing for the first time this season were Michelle

Hemming and Ceris Giffillan in the girls under-15 race. Michelle produced the best performance of the day by finishing ninth and Ceris was 22nd.

Next out were the under-13 boys where Scott Shuter and Luke Walker finished 34th and 71st

respectively. Paul Hadley and Ian Broomfield were the club's representatives in the under-15 boys class where they finished 13th and 71st.

Katie Maudesley finished 44th in the under-11 girls race, the same position as in the first

meeting. Last to go were the under-17 boys; Ian Grime finished well in 13th place and Gareth Edwards in 31st.

The next meeting will be the County Championship at Stourbridge on December 10.

# Scrivens turns on the style

WORCESTER Athletic Club senior race walking teams competed in the Chippenham to Calne open six mile road walk over a hilly course and against tough opposition.

The winner was Andy Penn of Coventry RWC, a British international.

Les Scrivens was first to finish for Worcester in 27th place with his best time in the event for some years in 54 minutes 41 seconds.

Dave Kenney was next home for Worcester in 38th place in a time of 57 mins 24 secs. This was a good time for him making him second junior man.

John Marshall completed the team with a fine performance, one of his best this year, in 44th place in a time of 59 mins 52 secs.

Dave Kenney and four girl walkers from the Worcester club competed in the Clare Powell open track walks at Brierley Hill.

Kenney recording 28 mins 14 secs for 5,000m. Emma Davies recorded 17 mins 19 secs for 1,000 metres in the under-11 years, Suzy Blunt did 18 mins 19 secs for 3,000 metres in the girls 13 to 15 years event, along with Catharine Perry women's 3,00m in 19 mins 44 secs and Mandy Clarke in 20 mins 08secs.

## First winner



●Anita Jenkins of Worcester Athletic Club receives her award from club chairman Dave Ashman as the first winner of the Charles Willcox Cross-Country Cup.

1995 SUBSCRIPTIONS RATES

The first figure in brackets is a discount rate available till 31 March, thereafter the full rate is applied.

|         |       |     |               |          |     |
|---------|-------|-----|---------------|----------|-----|
| SENIORS | (£20) | £30 | JUNIORS       | (£12.50) | £20 |
| U/12's  | (£8)  | £12 | NON-COMPETING | (£8)     | £12 |
|         |       |     | FAMILY        | (£28)    | £35 |

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WORCESTER ATHLETIC CLUB                      Subscription Renewal 1995

Dear Carole, Please find enclosed my/our 1995 WAC Subs.

Name(s).....£ \_\_\_\_\_  
.....£ \_\_\_\_\_  
.....£ \_\_\_\_\_  
.....£ \_\_\_\_\_

I/We enclose a cheque/PO and Club card to the value £ \_\_\_\_\_  
I/We require new Club cards.

Signed..... Date.....

Delete as necessary.

Have you? Signed, dated and written WAC Members name on back of cheque. Enclosed membership card.

To. CAROLE CLARK 56 York Place Worcester WR1 3DS

RUNNING LONDON?

WILF BATES GRAHAM PLUMPTON and CHRIS CROSSWELL have been offered the club places in this years Nutrasweet London Marathon.

If you are still looking for a charity to support, please consider the MARK CHANDLER APPEAL FUND. They have approached the club for assistance and details of this charity for brain damaged children are on the NOTICE BOARD.

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CLUB NOTICE BOARD

THIS IS SITUATED ON THE RIGHT, JUST PAST THE SPORTS HALL AT NUNNERY WOOD. PLEASE CHECK FREQUENTLY. IT CARRYS UP TO DATE INFO FORMS ETC.

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DIARY DATES

28 January    Midland Champs    18 February Birmingham League  
11 March    National Champs    18 March Gloucester League  
19 February Lex Volvo YA League    19 March Lex Volvo YA League