

WORCESTER AC SPRING WARM-UP MEETING

THURSDAY 26th APRIL 2012

	No	Name	Club	Age Group	Performance
100m Race 1					
1st	111	Katie Harris	Worcester AC	F11	16.8
2nd	174	Nicholas Power	Worcester AC	M11	17.3
3rd	146	Dominic Sheperd	Worcester AC	M11	18.2
4th	155	Emma Lickman	Worcester AC	F11	18.3
5th	160	Rosie Webb	Worcester AC	F11	18.6
100m Race 2					
1st	128	Jacob Harding	Worcester AC	M13	16.8
2nd	103	Ted Leah	Worcester AC	M13	17.0
3rd	129	Marshall Humphries	Worcester AC	M13	17.6
4th	119	Alex Byng	Worcester AC	M13	17.7
5th	101	Bradley Robert-Clarke	Worcester AC	M13	20.2
100m Race 3					
1st	114	Georgina Knott	Kidderminster & Stourport AC	F13	15.6
2nd	154	Abigail Gill	Worcester AC	F13	15.7
3rd	153	Tiffany Whelan	Tamworth AC	F13	16.3
4th	1	Thalia Letori	Worcester AC	F13	17.0
5th	135	Jessica Surridge	Kidderminster & Stourport AC	F13	17.2
6th	151	Charlotte Crump	Worcester AC	F13	17.3
100m Race 4					
1st	106	Luca Lemon-Morgan	Worcester AC	M13	15.2
2nd	115	Chris Osborne	Worcester AC	M13	15.2
3rd	110	Adam Biddle	Worcester AC	M13	15.6
100m Race 5					
1st	159	Oliver Kemp	Bromsgrove & Redditch AC	M15	13.2
2nd	118	Alex Brighton	Worcester AC	M15	14.3
3rd	140	Caitlin Andrews	Worcester AC	F15	15.0
4th	127	Harry Beevis	Worcester AC	M15	15.6
100m Race 6					
1st	133	Eleanor Ravenscroft	Kidderminster & Stourport AC	F15	14.1
2nd	11	Rebekah Miller	Bromsgrove & Redditch AC	F15	14.2
3rd	139	Anna Gamble	Stratford Upon Avon AC	F15	14.4
4th	157	Georgia Williams	Worcester AC	F15	14.8
5th	113	Holly Phillips	Kidderminster & Stourport AC	F15	15.0
100m Race 7					
1st	112	Alice Price	Bridgenorth	F15	14.7
2nd	156	Charlotte Lickman	Worcester AC	F15	15.4
3rd	131	Jessica Murdoch	Kidderminster & Stourport AC	F15	15.4
4th	124	Eleanor Johnson	Kidderminster & Stourport AC	F15	15.6
5th	105	Cariss Davies	Worcester AC	F15	16.1
100m Race 8					
1st	8	Romy Naven	Bromsgrove & Redditch AC	F20	13.6
2nd	177	Elizabeth Tomlinson	Bromsgrove & Redditch AC	SF	14.3
3rd	126	Becky Houson	Shrewsbury AC	SF	14.4
4th	145	Kerry Diubek	Kidderminster & Stourport AC	F20	15.4
5th	125	Chantelle Reah	Kidderminster & Stourport AC	SF	15.4

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	No	Name	Club	Age Group	Performance
100m Race 9					
1st	142	Cat Goulder-Davies	Worcester AC	F35	14.7
2nd	132	Kate Murdoch	Kidderminster & Stourport AC	F40	15.2
3rd	104	Mel Garland	Worcester AC	F45	15.4
4th	102	Ruth Bird	Worcester AC	F45	17.0
100m Race 10					
1st	165	Dewi Hammond	Bromsgrove & Redditch AC	M20	11.5
2nd	116	Jack Poyner	Kidderminster & Stourport AC	M20	12.0
3rd	152	Thomas Russell	Bromsgrove & Redditch AC	SM	12.1
4th	137	Corwin Barnes	Kidderminster & Stourport AC	M17	12.3
5th	121	Monty Youl	Kidderminster & Stourport AC	M17	12.6
100m Race 11					
1st	143	Sean McKee	Worcester AC	SM	12.3
2nd	34	Joseph Terry	Worcester AC	M17	12.5
3rd	130	Marcus Manton	Worcester AC	M20	13.1
4th	109	Craig Morgan	Worcester AC	M40	14.2
200m Race 1					
1st	154	Abigail Gill	Worcester AC	F13	32.1
2nd	123	Hannah Johnson	Kidderminster & Stourport AC	F13	33.5
3rd	153	Tiffany Whelan	Tamworth AC	F13	34.0
4th	111	Katie Harris	Worcester AC	F11	34.9
5th	135	Jessica Surridge	Kidderminster & Stourport AC	F13	35.4
6th	151	Charlotte Crump	Worcester AC	F13	35.5
200m Race 2					
1st	40	Ollie Morgan	Worcester AC	M13	30.8
2nd	162	Thomas Barry	Stroud AC	M13	31.6
3rd	115	Chris Osborne	Worcester AC	M13	32.1
4th	106	Luca Lemon-Morgan	Worcester AC	M13	33.9
5th	42	Joshua Bentley	Worcester AC	M13	36.2
200m Race 3					
1st	1	Thalia Letori	Worcester AC	F13	34.5
2nd	41	Esme Gibson	Worcester AC	F13	35.3
3rd	174	Nicholas Power	Worcester AC	M11	35.4
4th	43	Joshua Williams	Worcester AC	M11	37.4
5th	160	Rosie Webb	Worcester AC	F11	38.5
6th	146	Dominic Sheperd	Worcester AC	M11	38.6
200m Race 4					
1st	113	Holly Phillips	Kidderminster & Stourport AC	F15	30.5
2nd	156	Charlotte Lickman	Worcester AC	F15	30.9
3rd	31	Hollie Bankes	Stroud AC	F13	31.0
4th	37	Lizzie Sutton	Stroud AC	F15	32.2
5th	124	Eleanor Johnson	Kidderminster & Stourport AC	F15	34.1
6th	149	Amelia Errington	Stroud AC	F13	35.3
200m Race 5					
1st	143	Sean McKee	Worcester AC	SM	24.6
2nd	34	Joseph Terry	Worcester AC	M17	24.7
3rd	137	Corwin Barnes	Kidderminster & Stourport AC	M17	24.7
4th	136	Alex Surridge	Kidderminster & Stourport AC	M17	27.1
5th	118	Alex Brighton	Worcester AC	M15	29.1

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	No	Name	Club	Age Group	Performance
200m Race 6					
1st	8	Romy Naven	Bromsgrove & Redditch AC	F20	27.4
2nd	126	Becky Houson	Shrewsbury AC	SF	29.4
3rd	132	Kate Murdoch	Kidderminster & Stourport AC	F40	30.4
4th	145	Kerry Diubek	Kidderminster & Stourport AC	F20	30.7
5th	125	Chantelle Reah	Kidderminster & Stourport AC	SF	30.9
6th	104	Mel Garland	Worcester AC	F45	32.1
7th	102	Ruth Bird	Worcester AC	F45	35.9
400m Race 1					
1st	166	Simon King	Tamworth AC	SM	52.2
2nd	171	Dave Mould	Bromsgrove & Redditch AC	SM	52.2
3rd	169	James Hart	Bromsgrove & Redditch AC	SM	54.6
4th	13	Martin Aspley-Davis	Bromsgrove & Redditch AC	SM	54.7
5th	175	Joel Freeland	CLC Sriders	SM	57.3
400m Race 2					
1st	15	Simeon Clarence	Bromsgrove & Redditch AC	M17	53.0
2nd	134	Daniel Ravenscroft	Kidderminster & Stourport AC	M20	55.0
3rd	168	Ashley Wickett	Cannock & Staffs AC	M20	55.4
4th	147	Thomas Dold	Worcester AC	M20	56.9
5th	136	Alex Surridge	Kidderminster & Stourport AC	M17	58.6
6th	159	Oliver Kemp	Bromsgrove & Redditch AC	M15	63.3
400m Race 3					
1st	6	Helen Reeves	Worcester AC	F20	64.8
2nd	176	Hollie Wharton	CLC Sriders	SF	73.3
3rd	158	Candy Lockett	Bromsgrove & Redditch AC	F15	79.1
800m Race 1					
1st	32	Harry Davis	Stroud AC	M13	2.31.0
2nd	40	Ollie Morgan	Worcester AC	M13	2.35.2
3rd	162	Thomas Barry	Stroud AC	M13	2.36.0
4th	44	Jake Cavens	Worcester AC	M13	2.48.1
5th	110	Adam Biddle	Worcester AC	M13	2.49.3
6th	103	Ted Leah	Worcester AC	M13	2.55.8
7th	42	Joshua Bentley	Worcester AC	M13	3.00.3
8th	43	Joshua Williams	Worcester AC	M11	3.03.5
9th	119	Alex Byng	Worcester AC	M13	3.03.9
10th	174	Nicholas Power	Worcester AC	M11	3.07.7
800m Race 2					
1st	31	Hollie Bankes	Stroud AC	F13	2.27.6
2nd	37	Lizzie Sutton	Stroud AC	F15	2.39.7
3rd	25	Grace Knapp	Stroud AC	F13	2.45.6
4th	41	Esme Gibson	Worcester AC	F13	2.51.3
5th	123	Hannah Johnson	Kidderminster & Stourport AC	F13	2.56.5
6th	149	Amelia Errington	Stroud AC	F13	3.00.5
7th	1	Thalia Letori	Worcester AC	F13	3.02.3
8th	7	Clara Akiki	Worcester AC	F15	3.05.2
9th	160	Rosie Webb	Worcester AC	F11	3.07.1
10th	105	Cariss Davies	Worcester AC	F15	3.15.4
11th	131	Jessica Murdoch	Kidderminster & Stourport AC	F15	3.16.2
12th	155	Emma Lickman	Worcester AC	F11	3.25.0

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	No	Name	Club	Age Group	Performance
800m Race 3					
1st	122	Sam Lloyd-Perks	Kidderminster & Stourport AC	M17	2.15.7
2nd	23	Luke Bloodworth	Stroud AC	M17	2.16.0
3rd	164	Harry Bishop	Severn AC	M17	2.19.9
4th	21	Cameron Wassell	Stroud AC	M17	2.20.0
5th	19	Jack Turner	Stroud AC	M15	2.22.9
6th	39	Archie Roberts	Kidderminster & Stourport AC	M15	2.27.4
800m Race 4					
1st	24	Will Paulson	Stroud AC	M20	1.56.2
2nd	173	Tom Purnell	Stroud AC	M20	1.57.4
3rd	3	Ander Russell	Stroud AC	SM	1.58.4
4th	29	Brett Halliwell	Stroud AC	M20	2.00.2
5th	4	Tom Russell	Bristol AC	SM	2.00.3
6th	27	Joe Dagleish	Stroud AC	SM	2.04.0
7th	33	Adriano Ritchie	Stratford Upon Avon AC	M20	2.07.5
8th	147	Thomas Dold	Worcester AC	M20	2.16.5
9th	28	Richard Cannock	CLC Striders	M35	2.20.0
10th	26	Paul Barlow	Cirencester AC	SM	2.20.7
11th	38	Paul Roberts	Kidderminster & Stourport AC	SM	2.32.1
2000m Race 1					
1st	10	Helen Jubb	Worcester AC	F15	7.34.7
2nd	170	Nixie Turner	Worcester AC	F15	7.37.4
3rd	172	Cailin Tootell	Stroud AC	F15	9.02.0
1st	22	Lucy Goudswaard	Stroud AC	F17	7.47.0
1st	12	Jenny Nesbitt	Worcester AC	F20	6.20.0
2nd	14	Clara Evans	Hereford AC	F20	6.55.3
3rd	35	Millie Barnes	Worcester AC	F20	7.01.8
1st	36	Lewis Sternkopf	Worcester AC	M15	7.09.9
1st	20	Matthew Doyle	Stroud AC	M17	5.52.1
2nd	167	Ellis Cross	Tamworth AC	M17	6.03.0
3rd	2	Declan McManus	Worcester AC	M17	6.05.7
4th	164	Harry Bishop	Severn AC	M17	6.16.5
5th	122	Sam Lloyd-Perks	Kidderminster & Stourport AC	M17	6.18.3
6th	18	Oliver Roberts	Worcester AC	M17	6.29.9
1st	17	Lewis Roberts	Worcester AC	M20	5.50.1
2nd	30	Josh Carr	Worcester AC	M20	5.59.5
3rd	9	David Jubb	Worcester AC	M20	6.11.2
4th	161	Xander Brown	Stroud AC	M20	6.18.3
1st	4	Tom Russell	Bristol AC	SM	5.32.8
2nd	27	Joe Dagleish	Stroud AC	SM	5.47.3
3rd	26	Paul Barlow	Cirencester AC	SM	6.19.7
4th	163	Stephen Maguire	Severn AC	SM	7.03.2

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	No	Name	Club	Age Group	Performance
High Jump					
1st	106	Luca Lemon-Morgan	Worcester AC	M13	1.25
2nd	115	Chris Osborne	Worcester AC	M13	1.20
3rd	110	Adam Biddle	Worcester AC	M13	1.10
4th	103	Ted Leah	Worcester AC	M13	1.05
5th	129	Marshall Humphries	Worcester AC	M13	1.05
6th	101	Bradley Robert-Clarke	Worcester AC	M13	0.95
1st	149	Amelia Errington	Stroud AC	F13	1.20
2nd	123	Hannah Johnson	Kidderminster & Stourport AC	F13	1.15
3rd	114	Georgina Knott	Kidderminster & Stourport AC	F13	1.10
1st	117	Luke Southall	Worcester AC	M15	1.45
1st	157	Georgia Williams	Worcester AC	F15	1.45
2nd	133	Eleanor Ravenscroft	Kidderminster & Stourport AC	F15	1.45
3rd	140	Caitlin Andrews	Worcester AC	F15	1.35
4th	112	Alice Price	Bridgenorth	F15	1.20
5th	107	Dali Lemon-Morgan	Worcester AC	F15	1.15
6th	144	Freya Corby	Worcester AC	F15	1.05
1st	148	Adam Higgins	Worcester AC	M20	1.60
1st	138	Amanda Evans	Stratford Upon Avon AC	SF	1.50
1st	109	Craig Morgan	Worcester AC	M40	1.25
1st	104	Mel Garland	Worcester AC	F45	1.25
2nd	102	Ruth Bird	Worcester AC	F45	1.20
Long Jump U17/U20/Senior					
1st	137	Corwin Barnes	Kidderminster & Stourport AC	M17	5.59
2nd	5	Sam Khagali	Worcester AC	M17	5.42
3rd	136	Alex Surridge	Kidderminster & Stourport AC	M17	5.08
1st	141	Paige Salisbury	Worcester AC	F17	4.55
1st	116	Jack Poyner	Kidderminster & Stourport AC	M20	6.60
2nd	148	Adam Higgins	Worcester AC	M20	4.90
1st	138	Amanda Evans	Stratford Upon Avon AC	SF	4.93
2nd	150	Shalayna Hutchinson	Worcester AC	SF	4.42
1st	109	Craig Morgan	Worcester AC	M40	4.59
1st	104	Mel Garland	Worcester AC	F45	4.43
2nd	102	Ruth Bird	Worcester AC	F45	3.62

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	No	Name	Club	Age Group	Performance
Long Jump U15					
1st	159	Oliver Kemp	Bromsgrove &Redditch AC	M15	4.41
1st	139	Anna Gamble	Stratford Upon Avon AC	F15	4.11
2nd	158	Candy Lockett	Bromsgrove &Redditch AC	F15	4.02
3rd	113	Holly Phillips	Kidderminster & Stourport AC	F15	3.69
4th	124	Eleanor Johnson	Kidderminster & Stourport AC	F15	3.50
5th	105	Cariss Davies	Worcester AC	F15	3.33
6th	107	Dali Lemon-Morgan	Worcester AC	F15	2.98