

	<u>No</u>	<u>Name</u>	<u>Category</u>	<u>Club</u>	<u>Time</u>
1	148	Simon Myatt	SM	Trentham RC	0:43:44
2	163	Ciaran Connor (L)	SM	Malvern Hills Buzzards	0:45:44
3	200	Henry Sly	SM	U/A	0:45:46
4	181	Andy Salt	SM	U/A	0:46:34
5	154	James Marshall	SM	U/A	0:47:05
6	234	James Smith	SM	Black Pear Joggers	0:47:46
7	222	David Hall	M40	Worcester AC	0:49:38
8	49	Daniel Richardson	SM	U/A	0:49:52
9	52	Rob Jones	SM	Worcester AC	0:49:55
10	83	Nick Pryce-Jones (L)	M40	U/A	0:50:03
11	173	Andrew Stephens	M40	Monmouth Ross Trailblazers	0:50:35
12	199	Jon Newey (L)	M40	Malvern Joggers	0:50:46
13	193	Keith Evans (L)	M40	U/A	0:50:51
14	76	Christian Dowle	M40	U/A	0:51:04
15	140	James Bewley	SM	Victoria Park Harriers & Tower	0:51:25
16	170	Barry Davies	M40	Monmouth Ross Trailblazers	0:52:31
17	48	Dave Woodward (L)	SM	Malvern Joggers	0:52:35
18	188	John Bristow (L)	M40	U/A	0:52:36
19	202	Paul Childs	SM	Black Pear Joggers	0:52:49
20	120	Sam Payne	SM	U/A	0:53:29
21	109	Matthew Davis	M40	Black Pear Joggers	0:53:32
22	151	Phil Edwards	M40	U/A	0:53:40
23	190	Sam Burnage (L)	M40	Malvern Joggers	0:53:54
24	153	Martyn Cole	M50	Worcester AC	0:54:01
25	122	Rob Ciancio	SM	U/A	0:54:32
26	141	Luc Allberry	MU/20	Worcester AC	0:54:36
27	162	Nick Biggs	M40	U/A	0:54:39
28	213	Andrew Boddy	M40	U/A	0:54:46
29	207	Andrew Lawson	M40	U/A	0:54:47
30	137	Neil Watts (L)	SM	Malvern Joggers	0:54:49
31	156	Chris Langley-Waylen (L)	SM	Malvern Joggers	0:54:50
32	224	Lee Henderson (L)	M40	U/A	0:55:04
33	233	Nathan Quilley	SM	U/A	0:55:06
34	131	Matthew Slater	M40	Bournville Harriers	0:55:42
35	108	Gemma Collier	SF	Haldon Trail Runners	0:55:45
36	135	Peter Shakespeare	M50	U/A	0:55:46
37	138	Simon Rea (L)	M40	U/A	0:55:50
38	124	Matt Warne	SM	U/A	0:55:58
39	115	Edward Southall (L)	SM	U/A	0:56:03
40	211	David Hemmings	M50	Cheltenham & County Harriers	0:56:07
41	185	Steve Ruff	M40	U/A	0:56:22
42	217	Paul Duffy	M40	U/A	0:56:33
43	230	Matt Woodyatt	SM	U/A	0:56:39
44	237	Paul Browne	M50	U/A	0:56:41
45	155	Neil Devereux	M40	Black Pear Joggers	0:56:50
46	128	Neil Grinnell	M40	Ledbury & District Harriers	0:57:01
47	227	Allan Dyus	M50	U/A	0:57:08
48	97	Martin Ludford	M50	B.R.A.T. Birmingham Running	0:57:22
49	75	Ian Burke (L)	M40	U/A	0:57:28
50	46	Nic Dauncey (L)	M40	Malvern Joggers	0:57:32
51	194	Andrew Pye	SM	Mercia Fell Runners	0:57:54
52	189	Paul Nash	M40	U/A	0:58:09

	<u>No</u>	<u>Name</u>	<u>Category</u>	<u>Club</u>	<u>Time</u>
53	65	Michael Kelly	M40	U/A	0:58:25
54	31	Steve Stanbrook	SM	U/A	0:58:42
55	183	Francis Ramsay (L)	M40	U/A	0:58:46
56	130	Steve Herington	M60	Hereford Couriers	0:59:01
57	39	Sally Pate	SF	U/A	0:59:02
58	89	Mark Lockley (L)	M40	U/A	0:59:09
59	172	Laura Lelievre	SF	Monmouth Ross Trailblazers	0:59:14
60	45	Jamie Layland	SM	U/A	0:59:19
61	231	Boyd Root	M40	U/A	0:59:25
62	93	Sam Allison (L)	SM	U/A	0:59:40
63	113	Sam Eden (L)	SM	U/A	0:59:49
64	160	David Jones (L)	M50	U/A	0:59:49
65	176	Rupert Sherwood (L)	M40	U/A	0:59:52
66	63	Matt Gillen (L)	M40	U/A	1:00:04
67	232	Paul Nions (L)	M40	U/A	1:00:08
68	226	Ian Dyus	M50	U/A	1:00:13
69	214	Sophie Booth	SF	Black Pear Joggers	1:00:26
70	53	Mark Wallace	M40	U/A	1:00:26
71	187	Martin Summers	M60	Bridgnorth Running Club	1:00:27
72	86	Eloise Lee	SF	B.R.A.T. Birmingham Running	1:00:27
73	179	Tristan Mitchell (L)	SM	U/A	1:00:31
74	9	Steve Keepax (L)	M40	U/A	1:00:58
75	223	Stan Alexander	M60	Kenilworth Runners	1:01:03
76	68	Lee Mears (L)	M40	U/A	1:01:12
77	235	Charlotte Williamson	SF	Salisbury Athletics	1:01:22
78	91	Duncan Loughrey	M50	Wye Valley Runners	1:01:23
79	180	Paul Cope (L)	M40	U/A	1:01:36
80	216	Anthony Bennett (L)	M40	Malvern Joggers	1:01:46
81	104	Martin Reed-Darby (L)	SM	U/A	1:01:47
82	150	Darren Pearce	M40	U/A	1:01:53
83	236	Rod Taylor	M50	Droitwich AC	1:01:57
84	38	Richard Gobey	SM	U/A	1:02:01
85	208	Tom Bowden	SM	Droitwich AC	1:02:15
86	56	David Pound	M50	Pershore Plum Plodders	1:02:32
87	69	Rhys Humm (L)	SM	U/A	1:02:38
88	166	Debbie Russell (L)	F35	Malvern Tri Club	1:02:49
89	116	Ian Dyson	M60	Malvern Joggers	1:02:52
90	119	Julian Satchell	M50	Malvern Joggers	1:02:56
91	80	Gavin Beresford	SM	U/A	1:02:58
92	197	Alan Klein	M50	Worcester AC	1:03:16
93	12	John Bryan (L)	SM	Malvern Joggers	1:03:28
94	205	Ian Walwyn (L)	M60	Malvern Joggers	1:03:32
95	198	Gordon Orme	M70	Carmarthen Harriers	1:03:33
96	195	Catherine James (L)	SF	Malvern Joggers	1:03:38
97	36	Pete Scott	M40	U/A	1:03:46
98	103	Andrew Bottomley (L)	M40	U/A	1:03:56
99	127	Alastair Stuart (L)	SM	U/A	1:03:57
100	175	Lauren Somers	SF	U/A	1:04:29
101	145	Nigel Cockrell	M50	U/A	1:04:30
102	238	George Henry	M40	U/A	1:04:39
103	167	Anita Roberts (L)	F35	U/A	1:04:52
104	168	Philip Roberts (L)	M40	Malvern Hash	1:04:52

<u>No</u>	<u>Name</u>	<u>Category</u>	<u>Club</u>	<u>Time</u>
105	159 Daniel Johnson (L)	M40	U/A	1:04:53
106	62 Leigh Nelmes	M40	U/A	1:04:55
107	118 Charlotte Reading	FU/20	Chichester Runners & AC	1:04:56
108	88 Sean Paley	M40	U/A	1:05:00
109	171 Mark Scrivens	M40	Monmouth Ross Trailblazers	1:05:16
110	178 Ed Goldsmith	SM	U/A	1:05:17
111	215 Lucy Poole (L)	F35	Malvern Joggers	1:05:19
112	55 Paul Webb	M50	Malvern Joggers	1:05:25
113	110 Kinga Kuc	F35	U/A	1:05:36
114	218 Chris Smith	M50	U/A	1:05:39
115	201 Emmie Henreik	F35	U/A	1:05:42
116	121 Rebecca Cawthray (L)	F35	U/A	1:06:09
117	146 Richard Sowden	M50	U/A	1:06:10
118	147 Matthew Sowden	MU/20	U/A	1:06:10
119	4 Joe Wilkie	SM	U/A	1:06:11
120	106 Lois Hornby (L)	FU/17	U/A	1:06:11
121	1 Stephen Galligan	M40	U/A	1:06:14
122	229 David Bessant	M40	Black Pear Joggers	1:06:15
123	17 Matthew Downs	M40	U/A	1:06:17
124	57 Beryl Sampson	F55	U/A	1:06:36
125	209 Jason Wathes	M40	U/A	1:06:37
126	3 Paul Short	M40	U/A	1:06:38
127	50 Andy Chambers	M50	Newent Runners	1:06:40
128	42 Andrew Gallagher (L)	M50	Malvern Joggers	1:06:50
129	114 Rachel Lee	SF	U/A	1:06:54
130	192 David Lloyd	M60	Halesowen A & CC	1:07:35
131	47 Julie Caseley (L)	F55	Malvern Joggers	1:07:39
132	27 Iqbal Hamiduddin	SM	U/A	1:07:40
133	73 Sophie Toole (L)	SF	U/A	1:07:48
134	23 Tom Williams	SM	U/A	1:07:55
135	24 Richard Taylor	M40	U/A	1:07:55
136	165 Chris Marks (L)	SM	U/A	1:08:03
137	6 Rebecca Moore	F35	Halesowen A & CC	1:08:04
138	243 Mike Eglesfield	M40	U/A	1:08:10
139	204 Steve Roode (L)	M50	Malvern Joggers	1:08:11
140	51 Emily Priest (L)	SF	Malvern Joggers	1:08:12
141	90 Martha Worthington (L)	F35	U/A	1:08:14
142	107 Catherine Smith (L)	SF	U/A	1:08:15
143	225 Brian Henderson (L)	M60	Malvern Joggers	1:08:18
144	25 Ricardo Paiva	SM	U/A	1:08:28
145	29 Julian Barrell	M50	U/A	1:08:38
146	191 Peter Wilson (L)	M50	Malvern Joggers	1:08:41
147	60 Kevin Taylor	M50	Ryston Runners	1:08:43
148	95 Di Fox	F45	U/A	1:08:44
149	125 Philip Rowe	M50	Newent Runners	1:08:45
150	158 Mike Anstey (L)	M60	Malvern Joggers	1:09:15
151	239 Adrian Martineau	M40	U/A	1:09:36
152	101 Pete Lane (L)	M50	U/A	1:09:46
153	134 Hester Coggin	F35	Almost Athletes	1:09:57
154	186 Jason Protheroe	M40	Malvern Joggers	1:09:59
155	92 Kate Allison (L)	F35	U/A	1:10:01
156	212 Maria Lord	F45	Evesham Vale	1:10:03

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	157	58 Alison Priest (L)	F45	Malvern Joggers	1:10:08
	158	70 Peter Brown	M50	B.R.A.T. Birmingham Running	1:10:15
	159	149 Steven Millington	M50	Halesowen A & CC	1:10:40
	160	79 Peter Reynolds	M60	Black Pear Joggers	1:10:50
	161	184 David Beswick	M50	U/A	1:11:10
	162	59 Sarah Taylor	F45	Ryston Runners	1:11:18
	163	220 Helen Ciancio	F35	U/A	1:11:32
	164	228 Daniel Cale	SM	Black Pear Joggers	1:11:36
	165	126 Andrew Jacobs	SM	U/A	1:11:48
	166	139 Helen Rea (L)	F45	U/A	1:11:57
	167	8 Stuart Cochrane	M40	U/A	1:12:00
	168	54 Adam Hall	M40	Malvern Joggers	1:12:05
	169	206 Bryan Davies	M70	Croft Ambrey	1:12:08
	170	30 Jonathan Bennett (L)	M40	U/A	1:12:22
	171	112 Mandy Neufeld	F45	Angels RC	1:12:25
	172	87 Matt Ford	SM	U/A	1:12:43
	173	40 Ian Cunningham	M50	Sphinx AC	1:12:46
	174	111 Clive Maddock	M40	U/A	1:12:52
	175	210 Simon Baker (L)	SM	U/A	1:12:56
	176	136 Kevin Wilkins (L)	M50	U/A	1:13:03
	177	41 Emma Fordham	F35	Barnt Green Chuggers	1:13:21
	178	14 Gaynor Bruce (L)	F45	U/A	1:13:24
	179	81 Warwick Taylor	M50	U/A	1:13:28
	180	85 Kevin Peace	M50	Bournville Harriers	1:13:41
	181	43 Lucy Gallagher (L)	F45	Malvern Joggers	1:13:59
	182	67 Jude Dayne	F55	U/A	1:14:16
	183	18 James Butterworth	M40	U/A	1:14:43
	184	99 Anna Zmijewska	F35	U/A	1:14:44
	185	221 Richard Sammons	M40	U/A	1:14:54
	186	5 Amy Hartnell	SF	U/A	1:15:19
	187	177 Richard Oakley (L)	M50	U/A	1:15:34
	188	16 Annie Bennett (L)	SF	U/A	1:15:43
	189	133 Rollo Rumford	M70	U/A	1:16:04
	190	219 Tina Smith	F45	U/A	1:16:18
	191	74 Nick Tyler	M40	Ledbury & District Harriers	1:16:41
	192	123 Neil Griffith (L)	M40	U/A	1:16:53
	193	196 Hywel Payne	SM	U/A	1:17:23
	194	129 David More	M50	U/A	1:17:25
	195	94 Steve Harris	M60	Black Pear Joggers	1:17:29
	196	26 Simon Richards	M50	Barnt Green Chuggers	1:17:58
	197	144 Patrick Wing	M60	Pembrokeshire Harriers	1:18:14
	198	164 John Brook (L)	M70	Worcester AC	1:18:59
	199	102 Chris Walker (L)	M40	U/A	1:19:14
	200	61 Peter Davies	M70	Birchfield Harriers	1:19:21
	201	157 Lynda Broadway (L)	F45	Malvern Joggers	1:20:02
	202	44 Catherine Oliver (L)	F45	U/A	1:20:41
	203	15 Matthew McKenna	SM	U/A	1:20:49
	204	174 Kayleigh Reynolds	SF	U/A	1:21:53
	205	242 Harry Fulcher (L)	SM	U/A	1:22:02
	206	152 Jim Wheatstone (L)	M40	Malvern Joggers	1:22:22
	207	169 Alan Price	M70	Birchfield Harriers	1:22:29
	208	241 Jo-Anna Bradley	F45	U/A	1:24:44

<u>No</u>	<u>Name</u>	<u>Category</u>	<u>Club</u>	<u>Time</u>
209	182	Robert Horton	M60 U/A	1:24:46
210	2	Lynsey Pitchford	F35 U/A	1:25:56
211	132	Mike King	M60 Nailsea Running Club	1:26:56
212	7	Gerry Taggart	M70 U/A	1:27:03
213	13	Peter Lymer	M50 Droitwich AC	1:28:36
214	98	Jim Griffiths	M60 U/A	1:30:48
215	34	Mick Sherratt	M50 U/A	1:37:27
216	100	Brian Worthington	M60 Birchfield Harriers	1:37:53
217	142	Carlos Caicedo	M50 U/A	1:39:02
218	143	Ana Cristina Sierra	F55 U/A	1:39:15
219	240	Gert Cowling	F55 Vegetarian C & A Club	1:43:38