

WORCESTER ATHLETIC CLUB

2023 Club Champions

Female

U11 1st Gracie Hodgkins
 2nd Zara White
 3rd Ellia James

U13 1st Felicity Moore
 2nd Summer Eades
 3rd Ffion Lea

U15 1st Ella Purves
 2nd Molly Lazenbury
 3rd Emma Hall

U17 1st Alice Lazenbury
 2nd Natalie Seyler
 3rd Lilia Mico

U20 1st Georgia Wharton

Sen 1st Emma Robertson

Male

U11 1st Jacob Brownsword
 2nd Dawson Hall
 3rd Sam Gromski

U13 1st Lucas Seyler
 2nd Charlie Lindley
 3rd Jacob Lloyd

U15	1 st Thomas Edge 2 nd Ed Cartwright
U17	1 st Josh Sanders
V65	1 st Richard Drewett

RELAYS

4 x 100	1 st	60.5s	Lara, Jacob L, Martha & Oliver
	2 nd	61.0s	Dawson, Ellis, Jacob B & Noah
	3 rd	61.3s	Charlie L, Charlie J, Harley & Lucas
	4 th	61.5s	Molly, Emily, Freya & Ella
	5 th	63.6	Ellia, Gracie, Zara & Josh
4 x 300	1 st	2' 50.7	Molly, Josh, Noah & Oliver
	2 nd	2' 57.7	Lilia, Phoebe, Natalie & Alice (This is an U17 Ladies club record)

Discipline Best Performances

	<u>Female</u>	<u>Male</u>
<u>Sprint</u>		
U11	Gracie Hodgkins (11.7 75m)	Jacob Brownsword (11.8 75m)
U13	Felicity Moore (14.2 100m)	Sebastian Seldon (13.6 100m)
U15	{ Emma Hall (14.3 100m) { Ella Purves (46.3 300m)	George McLaughlin (12.8 100m)
U17	Alice Lazenbury (27.6 200m)	Adnan Nasir (13.8 100m)
U20	Georgia Wharton (14.0 100m)	
Sen	Emma Robertson (29.3 200m)	
V35	Jade Merry (14.6 (100m)	
V65		Henry Hopkins (14.7 100m)
<u>Middle Distance</u>		
U11	Gracie Hodgkins (2'08.4 600m)	Dawson Hall (2'03.2 600m)
U13	Ffion Lea (3'04.3 800m)	Lucas Seyler (2'29.6 800m)
U15	Sophie Purves (2'19.9 800m)	
U17	Lilia Mico (4'42.2 1500m)	Josh Sanders (2'09.1 800m)
U20	Evie Hawkesford-Johnson (5'06.8 1500m)	Oliver Tinley (2'03.9 800m)
Sen	Emma Robertson (2'32.2 800m)	
V45		Darren Kirby (4'34.2 1500m)
V50		John Newey (10'43.4 3000m)
V65		Richar Drewett (12'11.2 3000m)
<u>Jump</u>		
U11	Ellia James (2.47 LJ)	Jacob Brownsword (3.50 LJ)
U13	Felicity Moore (3.96 LJ)	Lucas Seyler (4.18 LJ)
U15	Ella Purves (4.11 LJ)	Ed Cartwright (5.18 LJ)
U17	Natalie Seyler (150 HJ)	Josh Sanders (5.22 LJ)
Sen	Emma Robertson (3.53 LJ)	Andrew Jay (1.55 (HJ)
<u>Throw</u>		
U11	Gracie Hodgkins (19.51 Howler)	Dawson Hall (28.93 Howler)
U13	Elanor Hynes 15.45 DT)	Sebastian Seldon (13.31 SP)
U15	Emily Gromski (7.45 SP)	Thomas Edge (23.50 JT)
U17	Elodie McNelis (20.43 JT)	Josh Sanders (7.52 (SP)
U20	Georgia Wharton (6.73 SP)	Adam Rutter (14.06 SP)
V45		Rupert Seldon (39.22 JT)
V65		Richard Drewitt (23.26 JT)