

Inhalers

Many asthma inhalers contain substances that appear on the prohibited list (check GlobalDRO as above). There are several things that you may need to do if you are an athlete who has been prescribed an inhaler.

All athletes

Register your inhaler with UKA. You can download the form by clicking on the link below. Once completed you should return this to the address on the form.

www.uka.org.uk/EasySiteWeb/getresource.axd?AssetID=47703&type=full&servicetype=Attachment

National/ international level athletes

If you are using an inhaler containing a banned substance GlobalDRO may simply advise you that a declaration is required. If so complete the declaration form on the UKAD website detailed below.

Declaration of use

Declare the use of the inhaler on the UKAD website (follow the link below).

www.ukad.org.uk/forms/declaration

If you would like to know more or you have any specific queries that are not answered in this document please get in touch with me on the following;

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