

WORCESTER ATHLETIC CLUB OPEN MEETING 2026

Nunnery Wood Sports complex, Worcester, WR5 2NL

All Entries online (via opentrack.run)

**SUBJECT TO UKA RULES. The event timings may be refined slightly up to two days before the meeting.
Please check online for final timetable the evening before.**

PRIZES & AWARDS

£50 for the best single performance in the meeting (U16 or older, any club)

WAC club champs for U18 and above (best single performance by an athlete on the day)

WAC U16 and above – £50 and trophy: best performance compared to PB

Tuesday 4th August **(PHOTO-FINISH and EDM for the meeting)**

Track			Field (EDM on all long throws)	
6.30 pm	150m U12 & U14	(2 races)	6.30 pm	JT U12 and above (4 trials)
6.40 pm	600m U12	(1 races)	6.30 pm	HJ U12&above (0.92m opening height)
6.50 pm	200m U14 and above	(6 races)	6.30 pm	Triple Jump U16 and above (4 trials)
7.20 pm	800m U14 & above ^{NOTE A}	(6 races)	7.45 pm	Long Jump U14 and above (4 trials)
7.55 pm	400m U18 and above	(3 races)	8.00 pm	SP U14 and above (4 trials)
8.15 pm	300m U16	(2 races)	8.00 pm	HJ U12&above (1.32m opening height)
8.25 pm	1500m U14 & above ^{NOTE A}	(2 races)		
8.45 pm	100m U12 and above	(8 races)	8.57 pm	Sunset and field close
9.20 pm	Finish track			

NOTE A U12/U14 may only compete in one of these events.

U12/U14/U16 may not compete in more than 3 events in a meeting.

All entries via opentrack.run.

Entry fees per athlete:

Senior/U20	£11.00 for first event, £3 per additional event
U18/U16	£9.00 for first event, £3 per additional event
U14/U12	£7.00 for first event, £3 per additional event

The above timetable shows the earliest start times. The number of entrants will be controlled via the entry system and the timetable has been developed with these numbers in mind, but unexpected events during the meeting may cause delays on the day.
Events held under UKA rules.

Enquiries to: info@worcester-ac.co.uk

Web site: www.worcester-ac.co.uk