

MCAA T&F League.		Type=	Manual timing
Date=	07/09/2024	Division=	3SW
Match no.	4	Venue=	Hereford

Club	Points
Bromsgrove & Redditch AC	196
Dudley and Stourbridge Harriers	65
Halesowen A & CC	656
Hereford Forest	427
Kidderminster & Stourport AC	431
Solihull & Small Heath AC	381
Tipton Harriers	421
Worcester AC	535

Officials' Points

Team	Bromsgrove	Dudley and Stourbridge Harriers	Halesowen	Hereford Fore	Kidderminster	Solihull & S	Tipton Harri	Worcester AC
Points	5	-15	15	20	20	15	-5	20

Event	Event		100 metres		MEN		
100	A string	Wind reading if applic		m/s		Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Harry Wilkinson	D&S	2	11.3	13	0
	2	Toby Magee	Hales	3	11.5	11	0
	3	Drew Woodley	SSH	6	11.7	9	0
	4	Issac Hill	B&R	1	12.0	8	0
	5	Luke Fox	K&S	5	12.1	7	0
	6	Ollie Turner	Worc	8	12.3	6	0
	7	Finley Symmonds	HereF	4	12.9	5	0
	8					0	0

Event	Event		100 metres		MEN		
100	B string	Wind reading if applic		m/s		Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Edward Cheung	SSH	666	12.0	11	0
	2	James Mackman	B&R	11	12.3	9	0
	3	Tom Owen	D&S	22	12.4	7	0
	4	George Heap	Hales	33	12.5	6	0
	5	Frank Freeman	K&S	55	12.7	5	0
	6					0	0
	7					0	0
	8					0	0

Event	Event		100 metres		MEN		
100	C string	Wind reading if applic		m/s		Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Matthew Mansfield	SSH	66	12.4	9	0
	2	Adrian James	K&S	555	13.6	7	0
	3					0	0
	4					0	0
	5					0	0
	6					0	0
	7					0	0
	8					0	0

Event	Event		200 metres		MEN		
200	A string	Wind reading if applic		m/s		Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Harry Wilkinson	D&S	2	23.5	13	0
	2	Drew Woodley	SSH	6	23.6	11	0
	3	Issac Hill	B&R	1	23.8	9	0
	4	Luke Fox	K&S	5	24.1	8	0
	5	Toby Magee	Hales	3	24.6	7	0
	6	Ollie Turner	Worc	8	24.9	6	0
	7					0	0
	8					0	0

Event	Event		200 metres		MEN		
200	B string	Wind reading if applic		m/s		Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Edward Cheung	SSH	66	24.1	11	0
	2	Tom Owen	D&S	22	24.9	9	0
	3	George Heap	Hales	33	25.3	7	0
	4	Frank Freeman	K&S	55	25.6	6	0
	5					0	0
	6					0	0
	7					0	0
	8					0	0

Event	Event		200 metres		MEN		
200	C string	Wind reading if applic		m/s		Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Matthew Mansfield	SSH	666	24.9	9	0
	2					0	0
	3					0	0
	4					0	0
	5					0	0
	6					0	0

7					0	0
8					0	0

Event	Event	400 metres			MEN		
400	A string					Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Harvey Nelson	SSH	6	50.7	13	0
	2	Peter Dear	Hales	3	52.2	11	0
	3	Cole Flint	Worc	8	52.8	9	0
	4	Nathaniel Jones	K&S	5	56.6	8	0
	5	harrison postles	Tipton	7	57.5	7	0
	6	Finley Symmonds	HereF	4	64.2	6	0
	7					0	0
	8					0	0

Event	Event	400 metres			MEN		
400	B string					Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Oliver Smith	Worc	88	53.6	11	0
	2	Rafi Wilkinson	HereF	44	55.0	9	0
	3	Sam Marfleet	SSH	66	55.9	7	0
	4	Joseph Clarke	Hales	33	56.2	6	0
	5	Noah Evans	K&S	55	57.4	5	0
	6					0	0
	7					0	0
	8					0	0

Event	Event	400 metres			MEN		
400	C string					Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Harry Vaughan	HereF	444	57.6	9	0
	2					0	0
	3					0	0
	4					0	0
	5					0	0
	6					0	0
	7					0	0
	8					0	0

Event	Event	800 metres			MEN		
800	A string					Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Patrick Morgan	HereF	4	1:57.6	13	0
	2	Peter Dear	Hales	3	1:58.0	11	0
	3	Oliver Tinley	Worc	88	1:59.1	9	0
	4	adam barnes	Tipton	7	1:59.5	8	0
	5	Brian Currier	K&S	5	2:32.6	7	0
	6					0	0
	7					0	0
	8					0	0

Event	Event	800 metres			MEN		
800	B string					Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Oliver Smith	Worc	8	2:00.5	11	0
	2	James Hoult	Hales	33	2:05.6	9	0
	3	cameron lomax	Tipton	77	2:09.4	7	0
	4					0	0
	5					0	0
	6					0	0
	7					0	0
	8					0	0

Event	Event	800 metres			MEN		
800	C string					Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Theo Wallcroft	Worc	888	2:06.5	9	0
	2	thomas hynes-oughton	Tipton	777	2:13.9	7	0
	3					0	0
	4					0	0
	5					0	0
	6					0	0
	7					0	0
	8					0	0

Event	Event	110H metres			MEN		
110H	A string	Wind reading if applic		m/s		Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Oliver Dodd	Hales	3	17.0	13	0
	2	Noah Evans	K&S	5	20.4	11	0
	3	martin cherrington	Tipton	7	22.0	9	0
	4					0	0
	5					0	0

6					0	0
7					0	0
8					0	0

Event 110H		B string		Wind reading if applic		m/s		Position Points	Bonus Points
MEN		Position	Competitor	Club	Bib Number	Performance		Points	Points
	1	Adrian James	K&S	55	23.7	11	0		
	2					0	0		
	3					0	0		
	4					0	0		
	5					0	0		
	6					0	0		
	7					0	0		
	8					0	0		

Event 110H		C string		Wind reading if applic		m/s		Position Points	Bonus Points
MEN		Position	Competitor	Club	Bib Number	Performance		Points	Points
	1							0	0
	2							0	0
	3							0	0
	4							0	0
	5							0	0
	6							0	0
	7							0	0
	8							0	0

Event 400H		Event 400H		metres		MEN			
MEN		A string						Position Points	Bonus Points
	1	Oliver Dodd	Hales	3	1:02.4	13	0		
	2	Patrick Mackie	B&R	1	1:07.0	11	0		
	3	Alex Payne	K&S	5	1:18.1	9	0		
	4					0	0		
	5					0	0		
	6					0	0		
	7					0	0		
	8					0	0		

Event 400H		B string						Position Points	Bonus Points
MEN		Position	Competitor	Club	Bib Number	Performance		Points	Points
	1	Adrian James	K&S	555	1:08.0	11	0		
	2	Martin Aspley-Davis	B&R	11	1:13.4	9	0		
	3	Nicolas Hazelwood	Hales	33	1:43.7	7	0		
	4					0	0		
	5					0	0		
	6					0	0		
	7					0	0		
	8					0	0		

Event 400H		C string						Position Points	Bonus Points
MEN		Position	Competitor	Club	Bib Number	Performance		Points	Points
	1	Noah Evans	K&S	55	1:10.1	9	0		
	2					0	0		
	3					0	0		
	4					0	0		
	5					0	0		
	6					0	0		
	7					0	0		
	8					0	0		

Event 1500		Event 1500		1500 metres		MEN			
MEN		A string						Position Points	Bonus Points
	1	Daniel Tsegay	Hales	3	4:18.3	13	0		
	2	adam barnes	Tipton	7	4:20.2	11	0		
	3	Peter Ball	B&R	1	4:26.1	9	0		
	4	Josh Sanders	Worc	88	4:30.5	8	0		
	5	Brian Currier	K&S	5	5:25.6	7	0		
	6					0	0		
	7					0	0		
	8					0	0		

Event 1500		B string						Position Points	Bonus Points
MEN		Position	Competitor	Club	Bib Number	Performance		Points	Points
	1	Daniel Morgan-Salcombe	Hales	33	4:25.0	11	0		
	2	tyler kendrick	Tipton	77	4:27.9	9	0		
	3	Darren Kirby	Worc	8	4:34.2	7	0		
	4					0	0		
	5					0	0		
	6					0	0		

7					0	0
8					0	0

Event	1500						
	C string						
MEN	Position	Competitor	Club	Bib Number	Performance	Position Points	Bonus Points
	1	thomas hynes-oughton	Tipton	777	4:37.2	9	0
	2	Hugh Davies	Worc	888	4:59.3	7	0
	3	Adam Hollis	Hales	333	5:12.8	6	0
	4					0	0
	5					0	0
	6					0	0
	7					0	0
	8					0	0

Event	3000 metres						
	A string						
MEN	Position	Competitor	Club	Bib Number	Performance	Position Points	Bonus Points
	1	Harry Law	Hales	33	9:14.8	13	0
	2	Daniel Kennedy	HereF	4	9:26.1	11	0
	3	William Irvine	SSH	6	9:31.3	9	0
	4	Ross Cowley	Worc	8	9:37.5	8	0
	5	kane salmon -hodes	Tipton	7	9:38.0	7	0
	6	Ollie Wilson	B&R	1	9:40.0	6	0
	7	Brian Currier	K&S	5	12:17.2	5	0
	8					0	0

Event	3000						
	B string						
MEN	Position	Competitor	Club	Bib Number	Performance	Position Points	Bonus Points
	1	James Thomas	Hales	3	9:15.1	11	0
	2	rob meredith	Tipton	77	9:39.8	9	0
	3	Wayne Watkins	B&R	11	9:58.8	7	0
	4	Tomas Maidment	SSH	66	10:12.2	6	0
	5					0	0
	6					0	0
	7					0	0
	8					0	0

Event	3000						
	C string						
MEN	Position	Competitor	Club	Bib Number	Performance	Position Points	Bonus Points
	1	Matthew Wilkinson	Hales	333	9:52.2	9	0
	2					0	0
	3					0	0
	4					0	0
	5					0	0
	6					0	0
	7					0	0
	8					0	0

Event	3000SC metres						
	A string						
MEN	Position	Competitor	Club	Bib Number	Performance	Position Points	Bonus Points
	1	Peter Ball	B&R	1	10:52.0	13	0
	2	unknown	Hales	3	11:12.5	11	0
	3	Daniel Baker	SSH	6	12:18.4	9	0
	4	BenAllen	K&S	5	13:14.0	8	0
	5					0	0
	6					0	0
	7					0	0
	8					0	0

Event	3000SC						
	B string						
MEN	Position	Competitor	Club	Bib Number	Performance	Position Points	Bonus Points
	1	unknown	Hales	33	12:19.8	11	0
	2					0	0
	3					0	0
	4					0	0
	5					0	0
	6					0	0
	7					0	0
	8					0	0

Event	3000SC						
	C string						
MEN	Position	Competitor	Club	Bib Number	Performance	Position Points	Bonus Points
	1					0	0
	2					0	0
	3					0	0
	4					0	0
	5					0	0
	6					0	0
	7					0	0

8					0	0
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Event	Event	4x100	metres	MEN		
4x100	A string				Performance	Position Points
MEN	Position	Competitor	Club	Bib Number		
	1	Halesowen A & CC	Hales	3	45.9	13
	2	Solihull & Small Heath AC	SSH	6	46.0	11
	3	Kidderminster & Stourport AC	K&S	5	50.6	9
	4					0
	5					0
	6					0
	7					0
	8					0

Event	Event	4x400	metres	Mx A String		
4x400	A string				Performance	Position Points
Mx A String	Position	Competitor	Club	Bib Number		
	1	Hereford Forest	HereF	4	3:49.1	13
	2	Halesowen A & CC	Hales	3	3:52.6	11
	3	Worcester AC	Worc	8	4:06.3	9
	4	Kidderminster & Stourport AC	K&S	5	4:13.1	8
	5	Solihull & Small Heath AC	SSH	6	4:30.2	7
	6	Tipton Harriers	Tipton	7	5:00.4	6
	7					0
	8					0

Event	Event	HJ	metres	MEN			
HJ	A string				Performance	Position Points	Bonus Points
MEN	Position	Competitor	Club	Bib Number			
	1	Oliver Dodd	Hales	3	1.79	13	0
	2	harrison postles	Tipton	77	1.76	11	0
	3	Sam Marfleet	SSH	66	1.70	9	0
	4	Andrew Jay	Worc	8	1.65	8	0
	5	Kacper Dumara	HereF	4	1.55	7	0
	6	Martin Aspley-Davis	B&R	1	1.50	6	0
	7	Oliver Dodd	Hales	3	1.40	5	0
	8					0	0

Event							
HJ	B string				Performance	Position Points	Bonus Points
MEN	Position	Competitor	Club	Bib Number			
	1	Tom Edge	Worc	88	1.60	11	0
	2	Samuel Hughes	SSH	6	1.55	9	0
	3	martin cherrington	Tipton	7	1.55	7	0
	4	Rafi Wilkinson	HereF	444	1.55	6	0
	5	Levi Gisbourne	Hales	33	1.50	5	0
	6					0	0
	7					0	0
	8					0	0

Event							
HJ	C string				Performance	Position Points	Bonus Points
MEN	Position	Competitor	Club	Bib Number			
	1					0	0
	2					0	0
	3					0	0
	4					0	0
	5					0	0
	6					0	0
	7					0	0
	8					0	0

Event	Event	PV	metres	MEN			
PV	A string				Performance	Position Points	Bonus Points
MEN	Position	Competitor	Club	Bib Number			
	1	martin cherrington	Tipton	7	2.80	13	0
	2					0	0
	3					0	0
	4					0	0
	5					0	0
	6					0	0
	7					0	0
	8					0	0

Event							
PV	B string				Performance	Position Points	Bonus Points
MEN	Position	Competitor	Club	Bib Number			
	1	harrison postles	Tipton	77	2.80	11	0
	2					0	0
	3					0	0
	4					0	0

5					0	0
6					0	0
7					0	0
8					0	0

Event	PV	C string				Performance	Position Points	Bonus Points		
MEN	Position	Competitor	Club	Bib Number						
	1					0	0			
	2					0	0			
	3					0	0			
	4					0	0			
	5					0	0			
	6					0	0			
	7					0	0			
	8					0	0			

Event	LJ	A string				Performance	Position Points	Bonus Points	Wind if applic m/s	Best wind-legal mark if applicable	
MEN	Position	Competitor	Club	Bib Number					Perf (metres)	Wind (m/s)	
	1	Rohan Stewart	Worc	88	5.52	13	0				
	2	harrison postles	Tipton	77	5.34	11	0				
	3	Samuel Hughes	SSH	6	5.11	9	0				
	4	Levi Gisbourne	Hales	33	4.89	8	0				
	5	Martin Aspley-Davis	B&R	1	4.66	7	0				
	6	Noah Evans	K&S	5	4.30	6	0				
	7					0	0				
	8					0	0				

Event	LJ	B string				Performance	Position Points	Bonus Points	Wind if applic m/s	Best wind-legal mark if applicable	
MEN	Position	Competitor	Club	Bib Number					Perf (metres)	Wind (m/s)	
	1	Josh Sanders	Worc	8	4.93	11	0				
	2	Ethan Smith	Hales	3	4.88	9	0				
	3	martin cherrington	Tipton	7	4.59	7	0				
	4	Mo Abrar	B&R	11	3.78	6	0				
	5					0	0				
	6					0	0				
	7					0	0				
	8					0	0				

Event	LJ	C string				Performance	Position Points	Bonus Points	Wind if applic m/s	Best wind-legal mark if applicable	
MEN	Position	Competitor	Club	Bib Number					Perf (metres)	Wind (m/s)	
	1					0	0				
	2					0	0				
	3					0	0				
	4					0	0				
	5					0	0				
	6					0	0				
	7					0	0				
	8					0	0				

Event	TJ	A string				Performance	Position Points	Bonus Points	Wind if applic m/s	Best wind-legal mark if applicable	
MEN	Position	Competitor	Club	Bib Number					Perf (metres)	Wind (m/s)	
	1	Will Harman	Worc	8	11.68	13	0				
	2	Samuel Hughes	SSH	6	11.22	11	0				
	3	martin cherrington	Tipton	7	9.85	9	0				
	4	Noah Evans	K&S	5	9.70	8	0				
	5	Ethan Smith	Hales	3	9.49	7	0				
	6					0	0				
	7					0	0				
	8					0	0				

Event	TJ	B string				Performance	Position Points	Bonus Points	Wind if applic m/s	Best wind-legal mark if applicable	
MEN	Position	Competitor	Club	Bib Number					Perf (metres)	Wind (m/s)	
	1	Louis Glynn	Hales	33	9.17	11	0				
	2					0	0				
	3					0	0				
	4					0	0				
	5					0	0				
	6					0	0				
	7					0	0				
	8					0	0				

Event	TJ	C string				Performance	Position Points	Bonus Points	Wind if applic m/s	Best wind-legal mark if applicable	
MEN	Position	Competitor	Club	Bib Number					Perf (metres)	Wind (m/s)	
	1					0	0				
	2					0	0				
	3					0	0				
	4					0	0				
	5					0	0				

6					0	0		
7					0	0		
8					0	0		

Event	Event	SP	metres	MEN				
SP	A string					Performance	Position Points	Bonus Points
MEN	Position	Competitor	Club	Bib Number				
	1	Jabez Berry	Hales	3		11.29	13	0
	2	Damon Cripps	Worc	8		10.16	11	0
	3	Frank Freeman	K&S	5		10.12	9	0
	4	cieran lomax	Tipton	7		8.53	8	0
	5	Marc Flannery	HereF	4		8.27	7	0
	6	Martin Aspley-Davis	B&R	111		7.65	6	0
	7	Matthew Mansfield	SSH	6		6.46	5	0
	8	Geoff Fullwood	D&S	2		5.58	4	0

Event	Event	SP	metres	MEN				
SP	B string					Performance	Position Points	Bonus Points
MEN	Position	Competitor	Club	Bib Number				
	1	Jae Wright	Worc	888		8.69	11	0
	2	Thomas Dempsey	Hales	33		8.31	9	0
	3	Adrian James	K&S	555		7.71	7	0
	4	Richard O'Connor	B&R	1		7.37	6	0
	5						0	0
	6						0	0
	7						0	0
	8						0	0

Event	Event	SP	metres	MEN				
SP	C string					Performance	Position Points	Bonus Points
MEN	Position	Competitor	Club	Bib Number				
	1	Quentin Elmhist	Worc	88		8.39	9	0
	2	Noah Evans	K&S	55		7.25	7	0
	3	Mo Abrar	B&R	11		6.83	6	0
	4						0	0
	5						0	0
	6						0	0
	7						0	0
	8						0	0

Event	Event	DT	metres	MEN				
DT	A string					Performance	Position Points	Bonus Points
MEN	Position	Competitor	Club	Bib Number				
	1	Patrick Morgan	HereF	4		39.84	13	0
	2	Damon Cripps	Worc	8		29.91	11	0
	3	Frank Freeman	K&S	5		28.20	9	0
	4	Levi Gisbourne	Hales	33		27.36	8	0
	5	martin cherrington	Tipton	7		24.75	7	0
	6	Geoff Fullwood	D&S	2		19.17	6	0
	7	Daniel Baker	SSH	6		14.51	5	0
	8						0	0

Event	Event	DT	metres	MEN				
DT	B string					Performance	Position Points	Bonus Points
MEN	Position	Competitor	Club	Bib Number				
	1	Rafi Wilkinson	HereF	44		29.85	11	0
	2	Quentin Elmhist	Worc	88		26.28	9	0
	3	cieran lomax	Tipton	77		22.36	7	0
	4	Alex Taylor	Hales	3		16.35	6	0
	5	Alex Payne	K&S	55		14.78	5	0
	6	Mike Bracken	SSH	666		13.20	4	0
	7						0	0
	8						0	0

Event	Event	DT	metres	MEN				
DT	C string					Performance	Position Points	Bonus Points
MEN	Position	Competitor	Club	Bib Number				
	1	Marc Flannery	HereF	444		21.51	9	0
	2	Andrew Bentley	Tipton	777		20.58	7	0
	3	William Irvine	SSH	66		12.16	6	0
	4						0	0
	5						0	0
	6						0	0
	7						0	0
	8						0	0

Event	Event	HT	metres	MEN				
HT	A string					Performance	Position Points	Bonus Points
MEN	Position	Competitor	Club	Bib Number				
	1	Jabez Berry	Hales	3		60.77	13	5
	2	Damon Cripps	Worc	8		35.74	11	0
	3	Richard O'Connor	B&R	1		30.90	9	0
	4	cieran lomax	Tipton	7		27.53	8	0

5	Kacper Dumara	HereF	4	23.85	7	0
6	Frank Freeman	K&S	5	21.65	6	0
7	Geoff Fullwood	D&S	2	20.76	5	0
8					0	0

Event
HT

B string					Performance	Position Points	Bonus Points
MEN	Position	Competitor	Club	Bib Number			
1	Thomas Dempsey	Hales	33	43.85	11	0	
2	Quentin Elmhirst	Worc	88	25.93	9	0	
3	Marc Flannery	HereF	44	19.95	7	0	
4	AdrianJames	K&S	55	14.91	6	0	
5					0	0	
6					0	0	
7					0	0	
8					0	0	

Event
HT

C string					Performance	Position Points	Bonus Points
MEN	Position	Competitor	Club	Bib Number			
1	Jae Wright	Worc	888	25.03	9	0	
2	Oliver Dodd	Hales	333	15.06	7	0	
3					0	0	
4					0	0	
5					0	0	
6					0	0	
7					0	0	
8					0	0	

Event
JT

Event	JT	metres	MEN				
A string					Performance	Position Points	Bonus Points
MEN	Position	Competitor	Club	Bib Number			
1	harrison postles	Tipton	777	37.27	13	0	
2	Mo Abrar	B&R	1	36.78	11	0	
3	Levi Gisbourne	Hales	33	36.31	9	0	
4	Frank Freeman	K&S	5	34.84	8	0	
5	Kacper Dumara	HereF	4	31.19	7	0	
6	Quentin Elmhirst	Worc	88	28.21	6	0	
7	Daniel Baker	SSH	66	21.23	5	0	
8	Geoff Fullwood	D&S	2	14.65	4	0	

Event
JT

B string					Performance	Position Points	Bonus Points
MEN	Position	Competitor	Club	Bib Number			
1	cieran lomax	Tipton	77	34.07	11	0	
2	Martin Aspley-Davis	B&R	11	28.32	9	0	
3	Nicolas Hazelwood	Hales	3	26.89	7	0	
4	Nathaniel Jones	K&S	55	23.89	6	0	
5	Damon Cripps	Worc	8	19.55	5	0	
6	Drew Woodley	SSH	6	19.18	4	0	
7					0	0	
8					0	0	

Event
JT

C string					Performance	Position Points	Bonus Points
MEN	Position	Competitor	Club	Bib Number			
1	martin cherrington	Tipton	7	30.78	9	0	
2	Alex Taylor	Hales	333	23.63	7	0	
3	Noah Evans	K&S	555	19.16	6	0	
4	Mike Bracken	SSH	666	11.67	5	0	
5					0	0	
6					0	0	
7					0	0	
8					0	0	

Event
100

Event	100	Wind reading if applic	m/s			
A string					Performance	Position Points
WOMEN	Position	Competitor	Club	Bib Number		Bonus Points
1	Libby Oliver	K&S	5	13.2	13	0
2	Molly Lazenbury	Worc	8	13.7	11	0
3	Caitlin Fathers	HereF	4	13.8	9	0
4	Alana Brown	SSH	6	13.8	8	0
5	Emily Eades	D&S	2	14.5	7	0
6	Daisy Delaney	Hales	3	15.0	6	0
7					0	0
8					0	0

Event
100

B string		Wind reading if applic	m/s			
WOMEN	Position	Competitor	Club	Bib Number	Performance	Position Points
1	Ella Vaux-Harvey	K&S	55	13.3	11	0
2	Olivia Harwood	HereF	444	13.4	9	0
3	Amy Pinkney	Worc	88	14.1	7	0
4	Megan Hemming	SSH	66	14.4	6	0
5					0	0

6					0	0
7					0	0
8					0	0

Event	100	C string	Wind reading if applic		m/s		Position	Bonus
WOMEN		Position	Competitor	Club	Bib Number	Performance	Points	Points
		1	Romerleigh Parker	HereF	44	14.2	9	0
		2					0	0
		3					0	0
		4					0	0
		5					0	0
		6					0	0
		7					0	0
		8					0	0

Event	Event	200 metres						
200	A string	Wind reading if applic		m/s		Position	Bonus	
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points	
		1	Eva Tyler	HereF	4	26.3	13	0
		2	Libby Oliver	K&S	5	27.8	11	0
		3	Molly Lazenbury	Worc	8	27.9	9	0
		4	Darcie NICHOLLS	B&R	1	28.1	8	0
		5	Alana Brown	SSH	6	28.4	7	0
		6	Emily Eades	D&S	2	29.2	6	0
		7				0	0	
		8				0	0	

Event	200	B string	Wind reading if applic		m/s		Position	Bonus
WOMEN		Position	Competitor	Club	Bib Number	Performance	Points	Points
		1	Ella Vaux-Harvey	K&S	55	27.6	11	0
		2	Amy Pinkney	Worc	88	29.1	9	0
		3	Romerleigh Parker	HereF	44	29.3	7	0
		4	Megan Hemming	SSH	66	30.0	6	0
		5					0	0
		6					0	0
		7					0	0
		8					0	0

Event	200	C string	Wind reading if applic		m/s		Position	Bonus
WOMEN		Position	Competitor	Club	Bib Number	Performance	Points	Points
		1					0	0
		2					0	0
		3					0	0
		4					0	0
		5					0	0
		6					0	0
		7					0	0
		8					0	0

Event	Event	400 metres						
400	A string					Position	Bonus	
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points	
		1	Eva Tyler	HereF	4	59.7	13	0
		2	Alice Lazenbury	Worc	8	1:00.7	11	0
		3	Hannah LOWNSBROUGH	B&R	1	1:02.3	9	0
		4	Jessica Dale	Hales	3	1:03.3	8	0
		5	Ella Vaux-Harvey	K&S	5	1:05.4	7	0
		6	Roxanne Wheway	D&S	2	1:06.9	6	0
		7	Katie Anderton	SSH	6	1:07.4	5	0
		8					0	0

Event	400	B string				Position	Bonus	
WOMEN		Position	Competitor	Club	Bib Number	Performance	Points	Points
		1	Ella Purves	Worc	88	1:03.5	11	0
		2	Ryley Malone-Priest	Hales	33	1:04.4	9	0
		3					0	0
		4					0	0
		5					0	0
		6					0	0
		7					0	0
		8					0	0

Event	400	C string				Position	Bonus	
WOMEN		Position	Competitor	Club	Bib Number	Performance	Points	Points
		1	Asha Morgan	Hales	333	1:07.8	9	0
		2					0	0
		3					0	0
		4					0	0
		5					0	0
		6					0	0

7					0	0
8					0	0

Event	Event	800 metres					
800	A string					Position	Bonus
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Alice Lazenbury	Worc	8	2:20.7	13	0
	2	Ryley Malone-Priest	Hales	3	2:33.4	11	0
	3	evie tromans	Tipton	7	2:36.3	9	0
	4	Macy Balderson	HereF	4	2:36.6	8	0
	5	Nancy Babb	K&S	5	2:38.5	7	0
	6	Aoife McGoldrick	SSH	6	3:03.9	6	0
	7					0	0
	8					0	0

Event	Event	800 metres					
800	B string					Position	Bonus
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Lilia Mico	Worc	88	2:19.8	11	0
	2	Asha Morgan	Hales	33	2:45.0	9	0
	3	Katie Anderton	SSH	66	2:47.4	7	0
	4	Sarah Velasquez	K&S	55	2:57.1	6	0
	5	rachel lane	Tipton	777	3:39.6	5	0
	6					0	0
	7					0	0
	8					0	0

Event	Event	800 metres					
800	C string					Position	Bonus
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Ella Purves	Worc	888	2:36.5	9	0
	2	penelope barber	Tipton	77	3:39.7	7	0
	3					0	0
	4					0	0
	5					0	0
	6					0	0
	7					0	0
	8					0	0

Event	Event	100H metres					
100H	A string	Wind reading if applic		m/s		Position	Bonus
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Cerys Brook	Tipton	7	18.6	13	0
	2					0	0
	3					0	0
	4					0	0
	5					0	0
	6					0	0
	7					0	0
	8					0	0

Event	Event	100H metres					
100H	B string	Wind reading if applic		m/s		Position	Bonus
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	jessie walker	Tipton	77	19.5	11	0
	2					0	0
	3					0	0
	4					0	0
	5					0	0
	6					0	0
	7					0	0
	8					0	0

Event	Event	100H metres					
100H	C string	Wind reading if applic		m/s		Position	Bonus
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1					0	0
	2					0	0
	3					0	0
	4					0	0
	5					0	0
	6					0	0
	7					0	0
	8					0	0

Event	Event	400H metres					
400H	A string					Position	Bonus
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Phoebe Dodd	Hales	33	1:12.6	13	0
	2	Cerys Brook	Tipton	7	1:25.9	11	0
	3					0	0
	4					0	0
	5					0	0

6					0	0
7					0	0
8					0	0

Event 400H								
WOMEN								
B string								
Position	Competitor	Club	Bib Number	Performance	Position Points	Bonus Points		
1	Sarah Gill	Hales	3	1:17.8	11	0		
2					0	0		
3					0	0		
4					0	0		
5					0	0		
6					0	0		
7					0	0		
8					0	0		

Event 400H								
WOMEN								
C string								
Position	Competitor	Club	Bib Number	Performance	Position Points	Bonus Points		
1					0	0		
2					0	0		
3					0	0		
4					0	0		
5					0	0		
6					0	0		
7					0	0		
8					0	0		

Event 1500		Event 1500 metres						
WOMEN								
A string								
Position	Competitor	Club	Bib Number	Formatted Performance	Position Points	Bonus Points		
1	Phoebe Dodd	Hales	3	4:45.8	13	0		
2	jade charlton	Tipton	7	4:48.8	11	0		
3	Lucy Tebbett	Worc	88	4:59.2	9	0		
4	Issy North	HereF	4	5:09.2	8	0		
5	Sarah Velasquez	K&S	5	5:46.4	7	0		
6	Sharon Masters	SSH	6	6:00.2	6	0		
7					0	0		
8					0	0		

Event 1500								
WOMEN								
B string								
Position	Competitor	Club	Bib Number	Formatted Performance	Position Points	Bonus Points		
1	Lucy Hellingsworth	Hales	33	4:58.8	11	0		
2	Emma Robertson	Worc	8	5:25.2	9	0		
3	mya woodward	Tipton	77	5:37.4	7	0		
4	Lily Edwards	HereF	44	5:48.6	6	0		
5					0	0		
6					0	0		
7					0	0		
8					0	0		

Event 1500								
WOMEN								
C string								
Position	Competitor	Club	Bib Number	Formatted Performance	Position Points	Bonus Points		
1	Milly Allen	Hales	333	5:32.2	9	0		
2	rachel lane	Tipton	777	6:55.6	7	0		
3					0	0		
4					0	0		
5					0	0		
6					0	0		
7					0	0		
8					0	0		

Event 3000		Event 3000 metres						
WOMEN								
A string								
Position	Competitor	Club	Bib Number	Formatted Performance	Position Points	Bonus Points		
1	Ffion Collins	Hales	3	11:02.2	13	0		
2	Lola Barker	SSH	6	11:07.3	11	0		
3	Amelia Jones	K&S	5	11:11.8	9	0		
4	Bea Rusby	Worc	8	11:16.5	8	0		
5	penelope barber	Tipton	7	14:35.5	7	0		
6					0	0		
7					0	0		
8					0	0		

Event 3000								
WOMEN								
B string								
Position	Competitor	Club	Bib Number	Formatted Performance	Position Points	Bonus Points		
1	Louise Collins	Hales	33	11:19.7	11	0		
2	Zoe Lewsey	SSH	66	12:26.0	9	0		
3	rachel lane	Tipton	77	14:47.8	7	0		
4					0	0		
5					0	0		
6					0	0		

7					0	0
8					0	0

Event	3000	C string						
WOMEN		Position	Competitor	Club	Bib Number	Formatted Performance	Position Points	Bonus Points
		1					0	0
		2					0	0
		3					0	0
		4					0	0
		5					0	0
		6					0	0
		7					0	0
		8					0	0

Event	3000SC	A string						
WOMEN		Position	Competitor	Club	Bib Number	Formatted Performance	Position Points	Bonus Points
		1	Michelle Dale	Hales	3	14:02.5	13	0
		2	Sarah Velasquez	K&S	5	14:03.6	11	0
		3					0	0
		4					0	0
		5					0	0
		6					0	0
		7					0	0
		8					0	0

Event	3000SC	B string						
WOMEN		Position	Competitor	Club	Bib Number	Formatted Performance	Position Points	Bonus Points
		1	Jessica Jones	Hales	33	18:35.7	11	0
		2					0	0
		3					0	0
		4					0	0
		5					0	0
		6					0	0
		7					0	0
		8					0	0

Event	3000SC	C string						
WOMEN		Position	Competitor	Club	Bib Number	Formatted Performance	Position Points	Bonus Points
		1					0	0
		2					0	0
		3					0	0
		4					0	0
		5					0	0
		6					0	0
		7					0	0
		8					0	0

Event	4x100	A string						
WOMEN		Position	Competitor	Club	Bib Number	Formatted Performance	Position Points	
		1	Worcester AC	Worc	8	54.6	13	
		2	Solihull & Small Heath AC	SSH	6	55.3	11	
		3	Hereford Forest	HereF	4	55.8	9	
		4	Halesowen A & CC	Hales	3	59.3	8	
		5	Tipton Harriers	Tipton	7	1:01.5	7	
		6	Kidderminster & Stourport AC	K&S	5	1:03.9	6	
		7					0	
		8					0	

Event	4x400	A string						
Mx B String		Position	Competitor	Club	Bib Number	Formatted Performance	Position Points	
		1	Halesowen A & CC	Hales	33	4:08.2	11	
		2	Worcester AC	Worc	88	4:21.8	9	
		3					0	
		4					0	
		5					0	
		6					0	
		7					0	
		8					0	

Event	HJ	A string						
WOMEN		Position	Competitor	Club	Bib Number	Formatted Performance	Position Points	Bonus Points
		1	Danielle Hopkins	Worc	888	1.55	13	0
		2	Ryley Malone-Priest	Hales	3	1.45	11	0
		3	Maisie Wood	HereF	4	1.40	9	0

4					0	0
5					0	0
6					0	0
7					0	0
8					0	0

Event							
HJ	B string				Formatted Performance	Position Points	Bonus Points
WOMEN	Position	Competitor	Club	Bib Number			
	1	Natalie Seyler	Worc	8	1.50	11	0
	2	Jessica Dale	Hales	33	1.40	9	0
	3					0	0
	4					0	0
	5					0	0
	6					0	0
	7					0	0
	8					0	0

Event							
HJ	C string				Formatted Performance	Position Points	Bonus Points
WOMEN	Position	Competitor	Club	Bib Number			
	1	Elodie McNelis	Worc	88	1.45	9	0
	2					0	0
	3					0	0
	4					0	0
	5					0	0
	6					0	0
	7					0	0
	8					0	0

Event	Event	PV	metres				
PV	A string				Formatted Performance	Position Points	Bonus Points
WOMEN	Position	Competitor	Club	Bib Number			
	1	Maisie Wood	HereF	4	1.90	13	0
	2	rebecca hartshorne	Tipton	7	1.80	11	0
	3					0	0
	4					0	0
	5					0	0
	6					0	0
	7					0	0
	8					0	0

Event							
PV	B string				Formatted Performance	Position Points	Bonus Points
WOMEN	Position	Competitor	Club	Bib Number			
	1					0	0
	2					0	0
	3					0	0
	4					0	0
	5					0	0
	6					0	0
	7					0	0
	8					0	0

Event							
PV	C string				Formatted Performance	Position Points	Bonus Points
WOMEN	Position	Competitor	Club	Bib Number			
	1					0	0
	2					0	0
	3					0	0
	4					0	0
	5					0	0
	6					0	0
	7					0	0
	8					0	0

Event	Event	LJ	metres					Best wind-legal mark if applicable		
LJ	A string				Formatted Performance	Position Points	Bonus Points	Wind if applic m/s	if applicable	
WOMEN	Position	Competitor	Club	Bib Number					Perf (metres)	Wind (m/s)
	1	Ellen Crockett	SSH	6	4.47	13	0			
	2	jessie walker	Tipton	77	4.38	11	0			
	3	Caitlin Fathers	HereF	4	4.30	9	0			
	4	Emma Hall	Worc	8	4.24	8	0			
	5	Darcie NICHOLLS	B&R	1	4.19	7	0			
	6	Jessica Dale	Hales	33	3.75	6	0			
	7	Jess Surridge	K&S	5	3.37	5	0			
	8					0	0			

Event								Best wind-legal mark if applicable		
LJ	B string				Formatted Performance	Position Points	Bonus Points	Wind if applic m/s	if applicable	
WOMEN	Position	Competitor	Club	Bib Number					Perf (metres)	Wind (m/s)
	1	Amy Pinkney	Worc	88	4.11	11	0			
	2	Victoria Rossiter	HereF	44	3.91	9	0			
	3	Sarah Gill	Hales	3	3.62	7	0			
	4	rebecca hartshorne	Tipton	7	3.27	6	0			

5						0	0			
6						0	0			
7						0	0			
8						0	0			
Event LJ	C string				Formatted Performance	Position Points	Bonus Points	Wind if applic	Best wind-legal mark if applicable	
WOMEN	Position	Competitor	Club	Bib Number				m/s	Perf (metres)	Wind (m/s)
	1	Daisy Delaney	Hales	333	3.61	9	0			
	2	olivia postles	Tipton	777	2.37	7	0			
	3					0	0			
	4					0	0			
	5					0	0			
	6					0	0			
	7					0	0			
	8					0	0			

Event TJ	Event TJ	metres							Best wind-legal mark if applicable	
WOMEN	A string				Formatted Performance	Position Points	Bonus Points	Wind if applic	Perf (metres)	Wind (m/s)
	Position	Competitor	Club	Bib Number				m/s		
	1	Emma Hall	Worc	8	10.13	13	0			
	2	Ellen Crockett	SSH	6	9.59	11	0			
	3	jessie walker	Tipton	77	9.38	9	0			
	4	Tessa Morgan	HereF	4	9.20	8	0			
	5	Jess Surridge	K&S	5	7.72	7	0			
	6					0	0			
	7					0	0			
	8					0	0			

Event TJ	B string				Formatted Performance	Position Points	Bonus Points	Wind if applic	Best wind-legal mark if applicable	
WOMEN	Position	Competitor	Club	Bib Number				m/s	Perf (metres)	Wind (m/s)
	1	Maisie Wood	HereF	44	9.17	11	0			
	2	Cerys Brook	Tipton	7	7.66	9	0			
	3					0	0			
	4					0	0			
	5					0	0			
	6					0	0			
	7					0	0			
	8					0	0			

Event TJ	C string				Formatted Performance	Position Points	Bonus Points	Wind if applic	Best wind-legal mark if applicable	
WOMEN	Position	Competitor	Club	Bib Number				m/s	Perf (metres)	Wind (m/s)
	1	Victoria Rossiter	HereF	444	8.66	9	0			
	2					0	0			
	3					0	0			
	4					0	0			
	5					0	0			
	6					0	0			
	7					0	0			
	8					0	0			

Event SP	Event SP	metres								
WOMEN	A string				Formatted Performance	Position Points	Bonus Points			
	Position	Competitor	Club	Bib Number						
	1	Danielle Hopkins	Worc	8	9.08	13	0			
	2	Emse Benjamin	HereF	44	8.92	11	0			
	3	rebecca hartshorne	Tipton	7	7.75	9	0			
	4	Betsy Cooper	Hales	3	7.70	8	0			
	5	Sarah Velasquez	K&S	5	7.30	7	0			
	6	Poppy Koumbilis	SSH	66	7.12	6	0			
	7					0	0			
	8					0	0			

Event SP	B string				Formatted Performance	Position Points	Bonus Points			
WOMEN	Position	Competitor	Club	Bib Number						
	1	Ruth Wells	HereF	4	8.03	11	0			
	2	Kate Whiston-Smith	SSH	6	6.73	9	0			
	3	Hayley Smith	K&S	55	6.38	7	0			
	4	Rivah De Winter	Hales	33	6.23	6	0			
	5	Amber Hopkins	Worc	88	6.21	5	0			
	6					0	0			
	7					0	0			
	8					0	0			

Event SP	C string				Formatted Performance	Position Points	Bonus Points			
WOMEN	Position	Competitor	Club	Bib Number						
	1					0	0			
	2					0	0			
	3					0	0			
	4					0	0			
	5					0	0			

6					0	0
7					0	0
8					0	0

Event	Event	DT	metres				
DT	A string				Formatted Performance	Position Points	Bonus Points
WOMEN	Position	Competitor	Club	Bib Number			
	1	Charlotte Colbert	HereF	4	32.42	13	0
	2	Kate Whiston-Smith	SSH	6	26.52	11	0
	3	Rivah De Winter	Hales	33	23.87	9	0
	4	Hayley Smith	K&S	55	22.15	8	0
	5	Wendy Thomson	Worc	8	19.02	7	0
	6	rebecca hartshorne	Tipton	7	16.02	6	0
	7					0	0
	8					0	0

Event	Event	DT	metres				
DT	B string				Formatted Performance	Position Points	Bonus Points
WOMEN	Position	Competitor	Club	Bib Number			
	1	Marther Formby	HereF	44	23.66	11	0
	2	Sarah Velasquez	K&S	5	21.37	9	0
	3	Betsy Cooper	Hales	3	20.74	7	0
	4	Poppy Koumbilis	SSH	66	19.51	6	0
	5	Natalie Seyler	Worc	88	13.89	5	0
	6	penelope barber	Tipton	77	10.83	4	0
	7					0	0
	8					0	0

Event	Event	DT	metres				
DT	C string				Formatted Performance	Position Points	Bonus Points
WOMEN	Position	Competitor	Club	Bib Number			
	1	Ruth Wells	HereF	444	20.76	9	0
	2	Katie Anderton	SSH	666	11.13	7	0
	3					0	0
	4					0	0
	5					0	0
	6					0	0
	7					0	0
	8					0	0

Event	Event	HT	metres				
HT	A string				Formatted Performance	Position Points	Bonus Points
WOMEN	Position	Competitor	Club	Bib Number			
	1	Ella Vaux-Harvey	K&S	5	37.39	13	0
	2	Charlotte Colbert	HereF	4	37.09	11	0
	3	Hannah WALKER	B&R	1	31.54	9	0
	4	Kate Whiston-Smith	SSH	6	28.39	8	0
	5	rebecca hartshorne	Tipton	7	26.31	7	0
	6	Rivah De Winter	Hales	33	23.50	6	0
	7	Wendy Thomson	Worc	88	19.13	5	0
	8					0	0

Event	Event	HT	metres				
HT	B string				Formatted Performance	Position Points	Bonus Points
WOMEN	Position	Competitor	Club	Bib Number			
	1	Jess Surridge	K&S	55	34.41	11	0
	2	Hannah Barnes	HereF	44	24.95	9	0
	3	olivia postles	Tipton	77	24.24	7	0
	4	Betsy Cooper	Hales	3	23.19	6	0
	5	Gill Repton	Worc	8	14.75	5	0
	6	Sharon Masters	SSH	66	9.95	4	0
	7					0	0
	8					0	0

Event	Event	HT	metres				
HT	C string				Formatted Performance	Position Points	Bonus Points
WOMEN	Position	Competitor	Club	Bib Number			
	1	Hayley Smith	K&S	555	27.81	9	0
	2					0	0
	3					0	0
	4					0	0
	5					0	0
	6					0	0
	7					0	0
	8					0	0

Event	Event	JT	metres				
JT	A string				Formatted Performance	Position Points	Bonus Points
WOMEN	Position	Competitor	Club	Bib Number			
	1	Charlotte Colbert	HereF	4	33.72	13	0
	2	Zainab MALLAH	B&R	1	31.74	11	0
	3	Poppy Koumbilis	SSH	6	28.70	9	0
	4	Danielle Hopkins	Worc	8	26.04	8	0

