

| Men | Match 1 Worcester | | Match 2 Stratford | | | | Match 3 Worcester | | | | Match 4 Redditch | | | | Position |
|---------------------------|----------------------|---------|----------------------|---------|-------------|-----------|----------------------|---------|-------------|-----------|---------------------|---------|-------------|------------------|----------|
| | Score | Lge Pts | Score | Lge Pts | Total score | Total Pts | Score | Lge Pts | Total score | Total Pts | Score | Lge Pts | Total score | Total League Pts | |
| Team | Score | Lge Pts | Score | Lge Pts | Total score | Total Pts | Score | Lge Pts | Total score | Total Pts | Score | Lge Pts | Total score | Total League Pts | Position |
| Worcester | 135 | 8 | | | 135 | 8 | | | 135 | 8 | | | 135 | 8 | 1 |
| Stratford | 117 | 7 | | | 117 | 7 | | | 117 | 7 | | | 117 | 7 | 2 |
| Halesowen | 96 | 6 | | | 96 | 6 | | | 96 | 6 | | | 96 | 6 | 3 |
| B & R | 94 | 5 | | | 94 | 5 | | | 94 | 5 | | | 94 | 5 | 4 |
| MMAC | 85 | 4 | | | 85 | 4 | | | 85 | 4 | | | 85 | 4 | 5 |
| Black Pear Joggers | 68 | 3 | | | 68 | 3 | | | 68 | 3 | | | 68 | 3 | 6 |
| Sparkhill | 63 | 2 | | | 63 | 2 | | | 63 | 2 | | | 63 | 2 | 7 |
| Droitwich | 10 | 1 | | | 10 | 1 | | | 10 | 1 | | | 10 | 1 | 8 |

| Women | Match 1 Worcester | | Match 2 Stratford | | | | Match 3 Worcester | | | | Match 4 Redditch | | | | Position |
|---------------------------|----------------------|---------|----------------------|---------|-------------|-----------|----------------------|---------|-------------|-----------|---------------------|---------|-------------|------------------|----------|
| | Score | Lge Pts | Score | Lge Pts | Total score | Total Pts | Score | Lge Pts | Total score | Total Pts | Score | Lge Pts | Total score | Total League Pts | |
| Team | Score | Lge Pts | Score | Lge Pts | Total score | Total Pts | Score | Lge Pts | Total score | Total Pts | Score | Lge Pts | Total score | Total League Pts | Position |
| Worcester | 145 | 8 | | | 145 | 8 | | | 145 | 8 | | | 145 | 8 | 1 |
| Stratford | 125 | 7 | | | 125 | 7 | | | 125 | 7 | | | 125 | 7 | 2 |
| B & R | 85 | 6 | | | 85 | 6 | | | 85 | 6 | | | 85 | 6 | 3 |
| Halesowen | 63 | 5 | | | 63 | 5 | | | 63 | 5 | | | 63 | 5 | 4 |
| Sparkhill | 62 | 4 | | | 62 | 4 | | | 62 | 4 | | | 62 | 4 | 5 |
| Black Pear Joggers | 61 | 3 | | | 61 | 3 | | | 61 | 3 | | | 61 | 3 | 6 |
| Droitwich | 37 | 2 | | | 37 | 2 | | | 37 | 2 | | | 37 | 2 | 7 |
| MMAC | 24 | 1 | | | 24 | 1 | | | 24 | 1 | | | 24 | 1 | 8 |

| Men | | | | | | | | | | | | | | | | | |
|--|--------|---------------------|-----------|---------------|----------|--------------------|-----------|----------------|-----------|---------------|-----------|-------------------|-----------|------------------|-----------|-------------------|-----------|
| Midland Veterans Track and Field League 2024 | | | | | | | | | | | | Venue | | Worcester | | | |
| Division South | | | | | | | | | | | | Date | | 8th May 2024 | | | |
| EVENT | Club:- | B & R | | Droitwich | | Black Pear Joggers | | Halesowen | | MMAC | | Sparkhill | | Stratford | | Worcester | |
| | Number | M13-17 / G1 | Pts | M23-27 / G2 | Pts | M33-37 / G3 | Pts | M43-47 / G4 | Pts | M53-57 / G5 | Pts | M63-67 / G6 | Pts | M73-77 / G7 | Pts | M83-87 / G8 | Pts |
| 100m M70 | Name | | | | | | | John Hill | | Bruce Hendrie | | Mick Edwards | | David Jones | | Laurence Oldfield | |
| | Perf. | 0.0 | | 0.0 | | 0.0 | | 18.9 | 5 | 16.2 | 8 | 18.7 | 6 | 28.4 | 4 | 16.8 | 7 |
| 100m M60 | Name | Peter Mould | | | | Stuart Munday | | Alex Morgan | | Paul Fearon | | Keith Ward | | Mark Illingworth | | David Shaw | |
| | Perf. | 13.6 | 8 | 0.0 | | 17.9 | 2 | 16.9 | 4 | 16.0 | 5 | 17.2 | 3 | 14.3 | 6 | 14.0 | 7 |
| 100m M50 | Name | Steve Carr | | Stephen Prior | | Adrian Lewis | | Marc Turner | | Greg Asbury | | David Hanson | | Dave Wilson | | Richard Drewett | |
| | Perf. | 15.5 | 3 | 0.0 | | 15.1 | 4 | 14.0 | 5 | 12.9 | 8 | 13.6 | 6 | 13.1 | 7 | 16.5 | 2 |
| 100m M40 | Name | Russel Hingley | | | | Richard Southgate | | Roger Mallard | | Chris Callow | | Adam Majothi | | Drew Sambridge | | Ben Reeves | |
| | Perf. | 12.0 | 8 | 0.0 | | 14.6 | 5 | 14.9 | 3 | 14.8 | 4 | 19.0 | 2 | 13.6 | 6 | 12.5 | 7 |
| 100m M35 | Name | Chris Gibbs | | | | John Firth | | Nick Hazlewood | | Shaun Bond | | | | Alistair Webb | | David Price | |
| | Perf. | 12.5 | 8 | 0.0 | | 17.5 | 4 | 14.3 | 5 | 18.2 | 3 | 0.0 | | 13.4 | 7 | 13.6 | 6 |
| 2000W M35 | Name | Martin Aspley Davis | | | | Jon Newey | | | | Shaun Bond | | Michael Westwood | | Peter Sugden | | Nick Hitchings | |
| | Perf. | 15.00.6 | 6 | 0:00.0 | | 12.31.9 | 8 | 0:00.0 | | 17.57.4 | 3 | 16.44.6 | 4 | 15.19.1 | 5 | 13.42.7 | 7 |
| 2000W M60 | Name | | | | | | | | | | | Martin Millicheap | | Paul Hawkins | | Richard Drewett | |
| | Perf. | 0:00.0 | | 0:00.0 | | 0:00.0 | | 0:00.0 | | 0:00.0 | | 17.17.8 | 6 | 15.08.5 | 7 | 13.29.0 | 8 |
| 400m M35 | Name | Luke O'Gorman | | | | John Firth | | Paul Bradley | | Greg Asbury | | | | Peter Sugden | | David Price | |
| | Perf. | 57.7 | 7 | 0.0 | | 80.3 | 3 | 54.5 | 8 | 59.0 | 5 | 0.0 | | 67.3 | 4 | 57.9 | 6 |
| 400m M40 | Name | Martin Aspley Davis | | Adrian James | | Adrian Lewis | | Marc Turner | | Phil Gould | | David Hanson | | Drew Sambridge | | Robbie Brennan | |
| | Perf. | 57.6 | 7 | 61.8 | 4 | 64.6 | 3 | 58.9 | 6 | 56.2 | 8 | 81.7 | 1 | 59.7 | 5 | 76.2 | 2 |
| 400m M60 | Name | | | | | | | Alex Morgan | | Bruce Hendrie | | Keith Ward | | Mark Illingworth | | Derek Jackson | |
| | Perf. | 0.0 | | 0.0 | | 0.0 | | 63.7 | 8 | 79.1 | 5 | 88.2 | 4 | 78.1 | 6 | 76.8 | 7 |
| Mile M35 | Name | Thomas Reichow | | | | Jon Newey | | Roger Mallard | | Garry Worrall | | | | Ben Kruze | | Matt Fairlamb | |
| | Perf. | 5.03.7 | 6 | 0:00.0 | | 6.15.8 | 3 | 5.20.0 | 4 | 4.55.0 | 7 | 0:00.0 | | 4.35.8 | 8 | 5.14.0 | 5 |
| Mile M40 | Name | Dave Gemmell | | | | Chris Attwood | | Nick Hazlewood | | Mike Tomkins | | Adam Majothi | | Mat Burdus-Cook | | Darren Kirby | |
| | Perf. | 5.02.1 | 6 | 0:00.0 | | 5:14.4 | 3 | 4.56.8 | 7 | 5:11.1 | 4 | 7:28.8 | 2 | 5.06.5 | 5 | 4.53.2 | 8 |
| Mile M50 | Name | Rob Mole | | | | Mark Thomas | | Barry Gardner | | Chris Callow | | Keith Ward | | Gary Wells | | Hugh Davies | |
| | Perf. | 5.27.7 | 5 | 0:00.0 | | 4.46.5 | 8 | 5.20.8 | 7 | 5.50.4 | 4 | 7.57.8 | 2 | 6.13.8 | 3 | 5.21.7 | 6 |
| 4x200m Relay M35 | | B & R | | Droitwich | | Black Pear Joggers | | Halesowen | | MMAC | | Sparkhill | | Stratford | | Worcester | |
| | Name | Martin Aspley Davis | | 0 | | Richard Southgate | | Nick Hazlewood | | Paul Fearon | | 0 | | Ben Kruze | | David Shaw | |
| | | Thomas Reichow | | 0 | | Adrian Lewis | | Paul Bradley | | Greg Asbury | | 0 | | Peter Sugden | | David Price | |
| | | Russell Hingley | | 0 | | Cliff Wood | | Marc Turner | | Garry Worrall | | 0 | | Drew Sambridge | | Ben Reeves | |
| | | Chris Gibbs | | 0 | | John Firth | | Roger Mallard | | John Hart | | 0 | | Alistair Webb | | Darren Kirby | |
| | Perf. | 1.41.3 | | 8 | 0:00.0 | | 2.15.7 | 3 | 1.48.0 | 7 | 1.57.6 | 4 | 0:00.0 | | 1.50.3 | 5 | 1.50.1 |
| TOTALS (track) | | | 72 | | 4 | | 46 | | 69 | | 68 | | 36 | | 78 | | 84 |

| EVENT | Club- | B & R | | Droitwich | | Black Pear Joggers | | Halesowen | | MMAC | | Sparkhill | | Stratford | | Worcester | |
|-------------------------|--------|---------------------|-----|--------------|-----|--------------------|-----|---------------|-----|--------------|-----|------------------|-----|------------------|-----|----------------|-----|
| | Number | M13-17 / G1 | Pts | M23-27 / G2 | Pts | M33-37 / G3 | Pts | M43-47 / G4 | Pts | M53-57 / G5 | Pts | M63-67 / G6 | Pts | M73-77 / G7 | Pts | M83-87 / G8 | Pts |
| Discus M35 | Name | Steve Carr | | | | Cliff Wood | | Jamie Sircom | | Matthew West | | Michael Westwood | | Mark Illingworth | | Andi Cresswell | |
| | Perf. | 19.44 | 8 | 0.00 | | 17.23 | 6 | 0.00 | | 0.00 | | 13.02 | 4 | 16.15 | 5 | 18.51 | 7 |
| Shot M60 | Name | | | Martin Smith | | Stuart Munday | | Alex Morgan | | Paul Fearon | | Keith Ward | | Mark Illingworth | | Marc Flannery | |
| | Perf. | 0.00 | | 5.25 | 2 | 6.29 | 3 | 8.25 | 5 | 8.62 | 7 | 8.30 | 6 | 7.85 | 4 | 11.12 | 8 |
| High J M60 | Name | | | | | | | | | | | | | John Boxall | | Marc Flannery | |
| | Perf. | 0.00 | | 0.00 | | 0.00 | | 0.00 | | 0.00 | | 0.00 | | 1.25 | 7 | 1.37 | 8 |
| Javelin M50 | Name | Vito Ricci | | | | Cliff Wood | | Alex Morgan | | Matthew West | | Michael Westwood | | Mark Illingworth | | Nick Hitchings | |
| | Perf. | 21.70 | 5 | 0.00 | | 27.60 | 8 | 22.66 | 6 | 0.00 | | 13.37 | 3 | 20.88 | 4 | 23.03 | 7 |
| Long J M50 | Name | Rob Mole | | | | Adrian Lewis | | Alex Morgan | | Chris Callow | | David Hanson | | Dave Wilson | | David Shaw | |
| | Perf. | 2.81 | 3 | 0.00 | | 2.69 | 2 | 3.23 | 4 | 3.31 | 5 | 4.69 | 8 | 4.50 | 7 | 4.27 | 6 |
| Javelin M70 | Name | | | Martin Smith | | | | John Hill | | | | Mick Edwards | | David Jones | | Roger Garland | |
| | Perf. | 0.00 | | 9.39 | 4 | 0.00 | | 18.11 | 8 | 0.00 | | 12.41 | 6 | 9.44 | 5 | 14.66 | 7 |
| Long J M35 | Name | Martin Aspley Davis | | | | Cliff Wood | | Roger Mallard | | Greg Asbury | | Keith Ward | | Alistair Webb | | Ben Reeves | |
| | Perf. | 4.57 | 6 | 0.00 | | 3.05 | 3 | 3.39 | 4 | 4.21 | 5 | 0.00 | | 4.88 | 7 | 4.93 | 8 |
| Field + Totals | | | 22 | | 6 | | 22 | | 27 | | 17 | | 27 | | 39 | | 51 |
| Track Totals | | | 72 | | 4 | | 46 | | 69 | | 68 | | 36 | | 78 | | 84 |
| Final TOTALS | (Team) | | 94 | | 10 | | 68 | | 96 | | 85 | | 63 | | 117 | | 135 |
| Lge Pts | (Team) | | 5 | | 1 | | 3 | | 6 | | 4 | | 2 | | 7 | | 8 |
| Positions (Team) | | | 4 | | 8 | | 6 | | 3 | | 5 | | 7 | | 2 | | 1 |

Note:- All events + Relays Score ; 8,7,6,5,4,3,2,1

| Women | | Midland Veterans Track and Field League 2024 | | | | | | | | | | Venue | | Worcester | | | |
|-------------------------|-----------------|--|-----------|--------------------------------|-----------|-------------------------------|-----------|--------------------------|-----------|------------------------------|-----------|-------------------------|-----------|--------------------------|-----------|-------------------------|-----------|
| Division | | South | | Droitwich | | Black Pear Joggers | | Halesowen | | MMAC | | Sparkhill | | Stratford | | Worcester | |
| EVENT | Club- Number | B & R F13-17 / G1 | Pts | F23-27 / G2 | Pts | F33-37 / G3 | Pts | F43-47 / G4 | Pts | F53-57 / G5 | Pts | F63-67 / G6 | Pts | F73-77 / G7 | Pts | F83-87 / G8 | Pts |
| 100m W70 | Name Perf. | | | Diane Brian 20.0 | 8 | 0.0 | | 0.0 | | 0.0 | | Gill Millicheap 22.3 | 6 | Kate Sergent 22.6 | 5 | Iris Holder 20.8 | 7 |
| 100m W60 | Name Perf. | | | 0.0 | | Avril Munday 22.9 | 4 | Sally Spencer 17.2 | 7 | 0.0 | | Clare Curnow 22.5 | 5 | Sarah Bland 18.9 | 6 | Angela Bryant 15.7 | 8 |
| 100m W50 | Name Perf. | | | 0.0 | | Di Fox 18.6 | 6 | 0.0 | | Brenda Bond 20.8 | 5 | 0.0 | | Clare Goodwin 17.5 | 7 | Louise Kirby 15.4 | 8 |
| 100m W40 | Name Perf. | | | Jill Turner Smith 14.8 | 7 | Sarah Reynolds 19.0 | 5 | 0.0 | | 0.0 | | 0.0 | | Elaine Ledden 15.6 | 6 | Sara Saunders 14.3 | 8 |
| 100m W35 | Name Perf. | Joanne Frost 13.5 | 8 | 0.0 | | Ewelina Skolimowska 18.1 | 5 | 0.0 | | 0.0 | | Nattalie Ward 19.6 | 4 | Donna Allen 15.3 | 6 | Amy Pinkney 13.8 | 7 |
| 2000W W35 | Name Perf. | | | Ewelina Skolimowska 13.48.8 | 6 | Julie Bellfield 12.24.4 | 8 | 0:00.0 | | 0:00.0 | | Gemma Smith 14.45.1 | 5 | Cat Hutchison 13.19.7 | 7 | | |
| 2000W W60 | Name Perf. | | | Diane Brian 13.30.5 | 8 | 0:00.0 | | 0:00.0 | | 0:00.0 | | Hilary Mann 13.34.6 | 7 | Kate Sergent 14.46.0 | 6 | Mel Garland 16.29.1 | 5 |
| 400m W35 | Name Perf. | Lisa Thomas 76.3 | 6 | 0.0 | | 0.0 | | 0.0 | | 0.0 | | Nattalie Ward 95.4 | 5 | Donna Allen 71.9 | 7 | Emma Oldham 69.4 | 8 |
| 400m W40 | Name Perf. | Caroline Warrington 74.2 | 7 | 0.0 | | Di Fox 87.7 | 4 | 0.0 | | Catherine Charlton 78.2 | 6 | 0.0 | | Emma Bexson 82.2 | 5 | Sara Saunders 69.7 | 8 |
| 400m W50 | Name Perf. | | | 0.0 | | Sarah Reynolds 86.0 | 5 | Sally Spencer 84.0 | 6 | 0.0 | | Clare Curnow 102.7 | 4 | Clare Goodwin 77.2 | 7 | Louise Kirby 75.3 | 8 |
| Mile W35 | Name Perf. | Tamara Freeman 5.38.8 | 8 | 0:00.0 | | Ewelina Skolimowska 7.06.2 | 5 | 0:00.0 | | 0:00.0 | | Nattalie Ward 7.31.4 | 4 | Donna Allen 5.55.7 | 7 | Sally Russell 5.58.3 | 6 |
| Mile W40 | Name Perf. | Faye Stanyard 5.45.6 | 7 | 0:00.0 | | Lorraine Griffiths 7.17.1 | 3 | Louise Collins 5.41.5 | 8 | Catherine Charlton 5.55.1 | 6 | 0:00.0 | | Emma Bexson 6.10.6 | 5 | Emma Oldham 6.20.7 | 4 |
| Mile W60 | Name Perf. | | | 0:00.0 | | Avril Munday 8.06.1 | 5 | Sally Spencer 7.03.0 | 8 | Nancy Hitchmough 7.28.8 | 7 | Clare Curnow 7.35.3 | 6 | Jill Wilson 9.05.2 | 3 | Wendy Thomson 8.14.0 | 4 |
| 4x200m Relay W35 | | B & R | | Droitwich | | Black Pear Joggers | | Halesowen | | MMAC | | Sparkhill | | Stratford | | Worcester | |
| | Names | Caroline Warrington | | 0 | | Lorraine Griffiths | | 0 | | 0 | | Gill Millicheap | | Elaine Ledden | | Sara Saunders | |
| | | Joanne Frost | | 0 | | Sarah Reynolds | | 0 | | 0 | | Nattalie Ward | | Donna Allen | | Louise Kirby | |
| | | Lisa Thomas | | 0 | | Di Fox | | 0 | | 0 | | Clare Curnow | | Clare Goodwin | | Gema Torres Solis | |
| | | Faye Stanyard | | 0 | | Ewelina Skolimowska | | 0 | | 0 | | Rebecca Marks | | Emma Bexson | | Amy Pinkney | |
| | | 2.15.2 | 7 | 0:00.0 | | 2.48.6 | 5 | 0:00.0 | | 0:00.0 | | 3.13.4 | 4 | 2.16.4 | 6 | 2.03.0 | 8 |
| TOTALS (track) | | | 43 | | 23 | | 53 | | 37 | | 24 | | 45 | | 81 | | 96 |

| EVENT | Club- | B & R | | Droitwich | | Black Pear Joggers | | Halesowen | | MMAC | | Sparkhill | | Stratford | | Worcester | |
|--------------------------|--------|---------------|-----|-------------------|-----|---------------------|-----|------------------|-----|-------------|-----|-----------------|-----|----------------|-----|----------------|-----|
| | Number | F13-17 / G1 | Pts | F23-27 / G2 | Pts | F33-37 / G3 | Pts | F43-47 / G4 | Pts | F53-57 / G5 | Pts | F63-67 / G6 | Pts | F73-77 / G7 | Pts | F83-87 / G8 | Pts |
| Discus W35 | Name | Julie Wakelam | | | | | | Rivah DeWinter | | | | Hilary Mann | | Paula Williams | | Jan Timberlake | |
| | Perf. | 17.27 | 5 | 0.00 | | 0.00 | | 23.15 | 7 | 0.00 | | 10.63 | 4 | 26.03 | 8 | 17.33 | 6 |
| Shot W60 | Name | Julie Wakelam | | | | | | Joanne Smallwood | | | | Hilary Mann | | Elaine Ledden | | Wendy Thomson | |
| | Perf. | 6.00 | 6 | 0.00 | | 0.00 | | 4.23 | 4 | 0.00 | | 5.48 | 5 | 6.83 | 8 | 6.49 | 7 |
| High J W60 | Name | Julie Wakelam | | | | | | | | | | | | Sarah Bland | | Mel Garland | |
| | Perf. | 1.10 | 7 | 0.00 | | 0.00 | | 0.00 | | 0.00 | | 0.00 | | 0.95 | 6 | 1.30 | 8 |
| Javelin W50 | Name | Julie Wakelam | | | | | | | | | | Hilary Mann | | Paula Williams | | Wendy Thomson | |
| | Perf. | 17.49 | 6 | 0.00 | | 0.00 | | 0.00 | | 0.00 | | 7.84 | 5 | 30.44 | 8 | 18.81 | 7 |
| Long J W50 | Name | Julie Wakelam | | | | Di Fox | | Sally Spencer | | | | | | Sarah Bland | | Nicky Crawford | |
| | Perf. | 3.29 | 6 | 0.00 | | 2.67 | 4 | 3.49 | 8 | 0.00 | | 0.00 | | 3.07 | 5 | 3.36 | 7 |
| Javelin W70 | Name | Rita Brownlie | | Diane Brian | | | | Joanne Smallwood | | | | Gill Millicheap | | Kate Sergent | | Iris Holder | |
| | Perf. | 6.03 | 5 | 10.25 | 8 | 0.00 | | 8.87 | 7 | 0.00 | | 3.35 | 3 | 4.35 | 4 | 6.56 | 6 |
| Long J W35 | Name | Joanne Frost | | Jill Turner Smith | | Ewelina Skolimowska | | | | | | | | Elaine Ledden | | Amy Pinkney | |
| | Perf. | 4.36 | 7 | 4.19 | 6 | 2.44 | 4 | 0.00 | | 0.00 | | 0.00 | | 3.30 | 5 | 4.42 | 8 |
| Field +R Totals | | | 42 | | 14 | | 8 | | 26 | | 0 | | 17 | | 44 | | 49 |
| Track Totals | | | 43 | | 23 | | 53 | | 37 | | 24 | | 45 | | 81 | | 96 |
| Final TOTALS | | | 85 | | 37 | | 61 | | 63 | | 24 | | 62 | | 125 | | 145 |
| League Pts (Team) | | | 6 | | 2 | | 3 | | 5 | | 1 | | 4 | | 7 | | 8 |
| Positions (Team) | | | 3 | | 7 | | 6 | | 4 | | 8 | | 5 | | 2 | | 1 |

Note;- All events + Relays Score 8,7,6,5,4,3,2,1

Midland Veterans T&F league

Division South

8th May 2024

Match 1

Venue Worcester

Guest Results

| Event 100m F50 | | | | | | wind speed | m/s | Weight if throwing |
|----------------|----------------|--------------|-----------|-----|-------------|------------|-----|--------------------|
| Pos | Athlete | Club | Age group | No. | Performance | | | |
| 1 | Nicky Crawford | Worcester AC | W50 | G81 | 15.4 | | | |
| 2 | | | | | | | | |

| Event 100m M40 | | | | | | wind speed | m/s | Weight if throwing |
|----------------|-------------|------|-----------|-----|-------------|------------|-----|--------------------|
| Pos | Athlete | Club | Age group | No. | Performance | | | |
| 1 | John Bowden | MMAC | M40 | G51 | 12.6 | | | |
| 2 | | | | | | | | |

| Event HJ M60 | | | | | | wind speed | m/s | Weight if throwing |
|--------------|--------------|--------------|-----------|-----|-------------|------------|-----|--------------------|
| Pos | Athlete | Club | Age group | No. | Performance | | | |
| 1 | Anthony Ness | Worcester AC | M50 | G88 | 1.51 | | | |
| 2 | | | | | | | | |

| Event HJ F60 | | | | | | wind speed | m/s | Weight if throwing |
|--------------|---------------|--------------|-----------|-----|-------------|------------|-----|--------------------|
| Pos | Athlete | Club | Age group | No. | Performance | | | |
| 1 | Clare Gratrix | Worcester AC | W40 | G85 | 1.37 | | | |
| 2 | | | | | | | | |

| Event 400m M35 | | | | | | wind speed | m/s | Weight if throwing |
|----------------|-------------|------|-----------|-----|-------------|------------|-----|--------------------|
| Pos | Athlete | Club | Age group | No. | Performance | | | |
| 1 | John Bowden | MMAC | M40 | G51 | 63.6 | | | |
| 2 | | | | | | | | |

| Event JT M50 | | | | | | wind speed | m/s | Weight if throwing |
|--------------|--------------|------|-----------|------|-------------|------------|-----|--------------------|
| Pos | Athlete | Club | Age group | No. | Performance | | | |
| 1 | Chris Pruski | MMAC | M50 | G376 | 26.64 | 700g | | |
| 2 | | | | | | | | |

| Event 400m F35 | | | | | | wind speed | m/s | Weight if throwing |
|----------------|-------------------|--------------|-----------|-----|-------------|------------|-----|--------------------|
| Pos | Athlete | Club | Age group | No. | Performance | | | |
| 1 | Gema Torres Solis | Worcester AC | W35 | G82 | 72.3 | | | |
| 2 | | | | | | | | |

| Event JT F50 | | | | | | wind speed | m/s | Weight if throwing |
|--------------|----------------|--------------|-----------|-----|-------------|------------|-----|--------------------|
| Pos | Athlete | Club | Age group | No. | Performance | | | |
| 1 | Jan Timberlake | Worcester AC | W50 | G84 | 19.59 | 500g | | |
| 2 | | | | | | | | |

| Event 400m F50 | | | | | | wind speed | m/s | Weight if throwing |
|----------------|---------------|--------------|-----------|-----|-------------|------------|-----|--------------------|
| Pos | Athlete | Club | Age group | No. | Performance | | | |
| 1 | Angela Bryant | Worcester AC | W60 | G80 | 89.7 | | | |
| 2 | | | | | | | | |

| Event Mile | | | | | | wind speed | m/s | Weight if throwing |
|------------|-------------------|-------------------|-----------|-----|-------------|------------|-----|--------------------|
| Pos | Athlete | Club | Age group | No. | Performance | | | |
| 1 | Jon Hart | MMAC | M40 | G53 | 4.47.0 | | | |
| 2 | Richard Southgate | Black Pear Jogger | M50 | G32 | 5.23.6 | | | |
| 3 | Adrian Lewis | Black Pear Jogger | M50 | G31 | 5.32.8 | | | |
| 4 | Paul Shaw | MMAC | M50 | G52 | 5.55.0 | | | |
| 5 | | | | | | | | |