

WORCESTER A.C. OPEN MEETING

1st August 2024

	Number	Forename	Surname	Club	Age Group	Performance
200m Race 1	Wind +1.8					
1st	283	Isaac	Hill	Bromsgrove & Redditch AC	U23M	23.3
2nd	207	Oscar	Leyland	Bromsgrove & Redditch AC	U17M	23.6
3rd	88	Sebastian	Hubbard	Kidderminster & Stourport AC	U17M	23.7
4th	53	Emmanuel	Daso	Cheltenham & County Harriers	U15B	24.3
5th	263	Troy	Turner	Gloucester AC	U15B	24.6
6th	219	George	Mitchell	Worcester AC	SM	25.1
200m Race 2	Wind +1.4					
1st	95	Lucy	Jones	Tipton Harriers	SW	25.4
2nd	73	Olivia	Gillespie	Newport Harriers	U20W	25.6
3rd	41	George	Case	Bromsgrove & Redditch AC	U15B	26.6
4th	216	Gavin	McCaugherty	Western Tempo	M40	27.4
200m Race 3	Wind +1.6					
1st	81	Olivia	Harwood	Hereford & County AC	SW	26.9
2nd	274	Harriet	Williams	Kidderminster & Stourport AC	U17W	27.0
3rd	230	Libby	Oliver	Kidderminster & Stourport AC	U20W	27.3
4th	76	Connie	Gregory	Bromsgrove & Redditch AC	U17W	27.9
5th	269	Ella	Vaux-Harvey	Kidderminster & Stourport AC	U20W	27.9
200m Race 4	Wind +1.4					
1st	72	Romy	Garner	Worcester AC	U17W	28.3
2nd	206	Henry	Lewis	Hereford & County AC	U15B	28.6
3rd	244	Emma	Ross	Kidderminster & Stourport AC	U15G	29.0
4th	26	Hattie	Akerman	Gloucester AC	U17W	29.2
5th	249	Thea	Scobey	Swindon Harriers	U15G	29.9
6th	279	Bella	Rawlings	Worcester AC	U20W	30.5
200m Race 5	Wind +1.4					
1st	278	Ruben	Mabberley	Hereford & County AC	U15B	24.9
2nd	288	Huw	Parry	Worcester AC	U17M	25.5
3rd	261	Gema	Torres Solis	Worcester AC	W35	31.9
4th	67	Simeon	Foreman	Malvern Buzzards Running Club	M45	32.7

WORCESTER A.C. OPEN MEETING

1st August 2024

	Number	Forename	Surname	Club	Age Group	Performance
200m Race 6 Wind +2.2						
1st	271	Iwan	Walton	Cardiff Archers	U17M	27.3
2nd	89	Shane	Jackson	Malvern Buzzards Running Clut	M35	27.8
3rd	286	Eva	Heyworth	Worcester AC	U15G	28.6
4th	246	Carl	Salmon	Malvern Buzzards Running Clut	M35	28.6
5th	50	Ruben	Crouse	Gloucester AC	U15B	29.2
6th	209	Evelyn	Lindley	Worcester AC	U15G	33.1
200m Race 7 Wind +1.4						
1st	214	Huw	Mabey	Worcester AC	U13B	29.6
2nd	211	Iris	Lloyd	Hereford & County AC	U13G	29.9
3rd	61	Thomas	Exton	Hereford & County AC	U13B	31.0
4th	238	Saffi	Reid	Hereford & County AC	U13G	33.4
5th	45	Lucy	Collins	Worcester AC	U13G	34.1
200m Race 8 Wind +0.5						
1st	68	Sam	Fortnam	Gloucester AC	U13B	29.6
75m Race 1 Wind +1.1						
1st	227	Elliot	Oldham	Worcester AC	U11B	12.0
2nd	212	Bertie	Lloyd	Hereford & County AC	U11B	12.2
800m Race 1						
1st	289	Oliver	Tinley	Worcester AC	SM	2.02.5
2nd	94	Luke	Jones	Worcester AC	U20M	2.04.4
3rd	225	Daniel	Newman	Shrewsbury AC	U20M	2.06.6
4th	100	Darren	Kirby	Worcester AC	M45	2.07.0
5th	47	Ross	Cowley	Worcester AC	SM	2.09.5
6th	216	Gavin	McCaugherty	Western Tempo	M40	2.11.6
7th	247	Ella	Saunders	Reading AC	SW	2.14.8
800m Race 2						
1st	60	Charlie	Egerton	Bromsgrove & Redditch AC	U15B	2.11.9

WORCESTER A.C. OPEN MEETING

1st August 2024

	Number	Forename	Surname	Club	Age Group	Performance
2nd	83	Seb	Horton	Birmingham Running A&TC	U15B	2.17.3
3rd	265	Fred	Tyler	Hereford & County AC	U15B	2.17.7
4th	243	Emma	Robertson	Worcester AC	SW	2.18.1
5th	70	Barry	Gardner	Halesowen ACC	M55	2.18.4
6th	55	Hugh	Davies	Worcester AC	M50	2.22.7
7th	241	Hattie	Richards	Kidderminster & Stourport AC	U15G	2.26.8
8th	266	Eva	Tyler	Hereford & County AC	U20W	2.30.1
800m Race 3						
1st	246	Carl	Salmon	Malvern Buzzards Running Clut	M35	2.18.1
2nd	89	Shane	Jackson	Malvern Buzzards Running Clut	M35	2.21.4
3rd	201	Oliver	Knight	Birmingham Running A&TC	U15B	2.25.1
4th	232	Lily	Parsons	Cardiff Athletics	U15G	2.31.7
5th	202	Andy	Knight	Birmingham Running A&TC	M45	2.32.8
6th	84	Carl	Horton	Birmingham Running A&TC	M55	2.33.7
7th	237	Phoebe	Ranger	Bromsgrove & Redditch AC	U15G	2.37.8
8th	67	Simeon	Foreman	Malvern Buzzards Running Clut	M45	2.50.7
800m Race 4						
1st	27	Sufyan	Al-Jaro	Worcester AC	U15B	2.10.2
2nd	258	Elis	Summers	Newport Harriers	U13B	2.18.1
3rd	254	Jack	Shingler	Cheltenham & County Harriers	U13B	2.19.6
4th	285	Yasmin	Hughes	Worcestershire Schools	U15G	2.41.2
5th	90	Derek	Jackson	Worcester AC	M70	2.44.1
6th	238	Saffi	Reid	Hereford & County AC	U13G	2.51.9
800m Race 5						
1st	256	Jackson	Stoneman	Stroud & District AC	U13B	2.57.6
2nd	287	Zara	White	Worcester AC	U13G	2.58.8
3rd	45	Lucy	Collins	Worcester AC	U13G	3.04.0
4th	229	Isla	Oldham	Worcester AC	U13G	3.05.5
5th	52	Eva	Danson	Worcester AC	U13G	3.12.7
400m Race 1						

WORCESTER A.C. OPEN MEETING

1st August 2024

	Number	Forename	Surname	Club	Age Group	Performance
1st	217	Findlay	McGill	Worcester AC	U20M	50.1
2nd	264	Joshua	Turner	Halesowen ACC	SM	51.7
3rd	66	Cole	Flint	Worcester AC	SM	52.5
4th	270	Theo	Wallcroft	Worcester AC	U20M	54.9
5th	253	Lucas	Seyler	Worcester AC	U15B	57.3
6th	290	Martin	Aspley-Davis	Bromsgrove & Redditch AC	M45	57.6
7th	259	Annie	Testar	Stroud & District AC	SW	58.6
400m Race 2						
1st	30	Luke	Austin	Unattached	U20M	59.9
2nd	86	Georgia	Howell	Cheltenham & County Harriers	U17W	61.6
3rd	204	Molly	Lazenbury	Worcester AC	U17W	65.4
4th	228	Emma	Oldham	Worcester AC	W45	69.4
400m Race 3						
1st	89	Shane	Jackson	Malvern Buzzards Running Clut	M35	62.0
2nd	246	Carl	Salmon	Malvern Buzzards Running Clut	M35	64.0
3rd	279	Bella	Rawlings	Worcester AC	U20W	69.3
4th	28	Liberty	Andrews	Gloucester AC	U17W	70.9
5th	67	Simeon	Foreman	Malvern Buzzards Running Clut	M45	74.1
6th	261	Gema	Torres Solis	Worcester AC	W35	75.2
300m Race 1						
1st	210	Zac	Litman	Cheltenham & County Harriers	U15B	41.20
2nd	46	Millie	Cossins	Stroud & District AC	U17W	41.30
3rd	91	Adrian	James	Kidderminster & Stourport AC	M55	41.80
4th	235	Sophie	Purves	Worcester AC	U15G	42.50
5th	208	Charlie	Lindley	Worcester AC	U15B	45.10
300m Race 2						
1st	65	Max	Fenton	Worcester AC	U15B	44.20
2nd	242	Elinor	Roberts	Unattached	U15G	44.80
3rd	239	Evie	Rendell	Birmingham Running A&TC	U17W	46.20
4th	76	Connie	Gregory	Bromsgrove & Redditch AC	U17W	47.30

WORCESTER A.C. OPEN MEETING

1st August 2024

	Number	Forename	Surname	Club	Age Group	Performance
5th	241	Hattie	Richards	Kidderminster & Stourport AC	U15G	48.40
6th	54	Shannon	Davies	Worcester AC	U15G	49.00
1500m Race 1						
1st	94	Luke	Jones	Worcester AC	U20M	4.26.9
2nd	85	James	Hoult	Halesowen ACC	SM	4.28.4
3rd	225	Daniel	Newman	Shrewsbury AC	U20M	4.31.1
4th	47	Ross	Cowley	Worcester AC	SM	4.31.1
5th	206	Henry	Lewis	Hereford & County AC	U15B	4.41.0
6th	36	Martha	Blower	Bromsgrove & Redditch AC	U15G	5.00.1
7th	82	Evie	Hawkesford-Johnson	Worcester AC	SW	5.07.1
1500m Race 2						
1st	246	Carl	Salmon	Malvern Buzzards Running Clut M35		4.38.9
2nd	89	Shane	Jackson	Malvern Buzzards Running Clut M35		4.59.9
3rd	44	George	Collier	Unnattached	U15B	5.10.4
4th	39	Isaac	Broad	Worcester AC	U15B	5.10.8
5th	97	Hannah	Jones	Swansea Harriers	U15G	5.25.3
6th	35	Flora	Blower	Bromsgrove & Redditch AC	U17W	5.45.2
7th	67	Simeon	Foreman	Malvern Buzzards Running Clut M45		5.52.9
8th	235	Sophie	Purves	Worcester AC	U15G	DNF
1500m Race 3						
1st	254	Jack	Shingler	Cheltenham & County Harriers	U13B	4.51.1
2nd	79	Edward	Hare	Bourton RRC	U13B	4.57.2
3rd	96	Tomi	Jones	Swansea Harriers	U13B	5.22.0
4th	245	Bradley	Rowley	Dudley & Stourbridge Harriers	U13B	5.27.3
5th	51	Harley	Dadge	Worcester AC	U13B	5.28.1
6th	282	Oscar	England	Stroud & District AC	U13B	5.30.5
7th	61	Thomas	Exton	Hereford & County AC	U13B	5.35.7
8th	214	Huw	Mabey	Worcester AC	U13B	5.36.3
9th	205	Lyra	Leach	Stroud & District AC	U13G	5.38.8

100m Race 1 Wind +0.1

WORCESTER A.C. OPEN MEETING

1st August 2024

	Number	Forename	Surname	Club	Age Group	Performance
1st	31	Elliot	Bannon	Leamington Cycling & AC	U17M	12.0
2nd	267	Harry	Vale	Cheltenham & County Harriers	U17M	12.1
3rd	263	Troy	Turner	Gloucester AC	U15B	12.2
4th	53	Emmanuel	Daso	Cheltenham & County Harriers	U15B	12.4
5th	300	unknown	unknown	unknown	unk	12.6
6th	219	George	Mitchell	Worcester AC	SM	12.6
7th	41	George	Case	Bromsgrove & Redditch AC	U15B	12.8
8th	290	Martin	Aspley-Davis	Bromsgrove & Redditch AC	M45	13.5
100m Race 2 Wind +0.1						
1st	80	William	Harman	Worcester AC	SM	12.5
2nd	95	Lucy	Jones	Tipton Harriers	SW	12.6
3rd	73	Olivia	Gillespie	Newport Harriers	U20W	12.6
4th	288	Huw	Parry	Worcester AC	U17M	12.7
5th	230	Libby	Oliver	Kidderminster & Stourport AC	U20W	13.1
6th	37	Tiwaah	Boateng	Newport Harriers	U20W	13.1
7th	269	Ella	Vaux-Harvey	Kidderminster & Stourport AC	U20W	13.5
100m Race 3 Wind 0.0						
1st	78	Emma	Hall	Worcester AC	U17W	13.9
2nd	26	Hattie	Akerman	Gloucester AC	U17W	14.0
3rd	50	Ruben	Crouse	Gloucester AC	U15B	14.5
100m Race 4 Wind 0.0						
1st	254	Jack	Shingler	Cheltenham & County Harriers	U13B	14.0
2nd	244	Emma	Ross	Kidderminster & Stourport AC	U15G	14.1
3rd	233	Jack	Partridge	Tipton Harriers	U13B	14.4
4th	68	Sam	Fortnam	Gloucester AC	U13B	14.4
5th	211	Iris	Lloyd	Hereford & County AC	U13G	14.7
6th	40	Harriett	Carey	Worcester AC	U15G	14.8
7th	71	Melanie	Garland	Worcester AC	W60	14.8
100m Race 5 Wind +0.1						
1st	238	Saffi	Reid	Hereford & County AC	U13G	15.9

WORCESTER A.C. OPEN MEETING

1st August 2024

	Number	Forename	Surname	Club	Age Group	Performance
2nd	56	Freya	Davies	Hereford & County AC	U13G	16.1
3rd	57	Rebecca	Davies	Hereford & County AC	U13G	16.2
4th	67	Simeon	Foreman	Malvern Buzzards Running Clut	M45	16.3

100m Race 6 Wind 0.0

1st	273	Bridget	Williams	Shrewsbury AC	U17W	13.1
2nd	274	Harriet	Williams	Kidderminster & Stourport AC	U17W	13.1
3rd	271	Iwan	Walton	Cardiff Archers	U17M	13.3
4th	89	Shane	Jackson	Malvern Buzzards Running Clut	M35	13.7
5th	222	Adnan	Nasir	Worcester AC	U17M	13.8
6th	246	Carl	Salmon	Malvern Buzzards Running Clut	M35	14.7

100m Race 7 Wind 0.0

1st	284	Nyle	McIntosh	Birchfield Harriers	SM	11.9
2nd	27	Sufyan	Al-Jaro	Worcester AC	U15B	12.8
3rd	251	Sebastian	Seldon	Worcester AC	U15B	13.5
4th	65	Max	Fenton	Worcester AC	U15B	13.6
5th	236	Freddie	Rampling	Worcester AC	U15B	13.8
6th	52	Eva	Danson	Worcester AC	U13G	15.8
7th	98	Ned	Kaye	Hereford & County AC	U13B	16.0
8th	279	Bella	Rawlings	Worcester AC	U20W	16.2

	Number	Forename	Surname	Club	Age Group	Performance
Javelin Throw						
1st	251	Sebastian	Seldon	Worcester AC	U15B	42.13
2nd	49	Andrew	Cresswell	Worcester AC	M40	38.99
3rd	248	Oliver	Scattergood	Burton AC	U17M	38.67
4th	213	Aggie	Long	City Of Norwich AC	U17W	34.40
5th	76	Connie	Gregory	Bromsgrove & Redditch AC	U17W	32.26
6th	41	George	Case	Bromsgrove & Redditch AC	U15B	31.23
7th	218	Elodie	McNelis	Worcester AC	U17W	30.34
8th	48	Florence	Cresswell	Worcester AC	U15G	24.99
9th	250	Noah	Seabright	Cheltenham & County Harriers	U15B	23.66

WORCESTER A.C. OPEN MEETING

1st August 2024

	Number	Forename	Surname	Club	Age Group	Performance
10th	62	Charlie	Exton	Hereford & County AC	M55	22.14
11th	257	Chloe	Strzadala	Hereford & County AC	U13G	21.16
12th	281	Wendy	Thompson	Worcester AC	W60	21.14
13th	260	Jan	Timberlake	Worcester AC	W55	20.95
14th	277	Noah	Mabberley	Hereford & County AC	U13B	20.24
15th	61	Thomas	Exton	Hereford & County AC	U13B	16.86
16th	228	Emma	Oldham	Worcester AC	W45	16.64
17th	57	Rebecca	Davies	Hereford & County AC	U13G	15.51
18th	98	Ned	Kaye	Hereford & County AC	U13B	15.27
19th	67	Simeon	Foreman	Malvern Buzzards Running Club	M45	11.31
20th	45	Lucy	Collins	Worcester AC	U13G	9.92
21st	229	Isla	Oldham	Worcester AC	U13G	9.17

Triple Jump (U15/U17/U20/Snr/Vet)

1st	80	William	Harman	Worcester AC	SM	11.48
2nd	253	Lucas	Seyler	Worcester AC	U15B	10.27
3rd	78	Emma	Hall	Worcester AC	U17W	10.05
4th	273	Bridget	Williams	Shrewsbury AC	U17W	10.00
5th	208	Charlie	Lindley	Worcester AC	U15B	9.70
6th	240	Phoebe	Reuben	Worcester AC	U20W	9.06
7th	54	Shannon	Davies	Worcester AC	U15G	8.04

High Jump

1st	276	Hugo	Wilson	Hereford & County AC	U15B	1.42
2nd	233	Jack	Partridge	Tipton Harriers	U13B	1.40
3rd	43	Josephine	Colclough	Birmingham Running A&TC	U13G	1.34
4th	75	Clare	Gratrix	Worcester AC	W45	1.34
5th	68	Sam	Fortnam	Gloucester AC	U13B	1.31
6th	232	Lily	Parsons	Cardiff Athletics	U15G	1.31
7th	71	Melanie	Garland	Worcester AC	W60	1.28
8th	77	Emily	Gromski	Worcester AC	U15G	1.28
9th	58	David	Durden	Dursley & District AC	M60	1.28
10th	228	Emma	Oldham	Worcester AC	W45	1.22
11th	56	Freya	Davies	Hereford & County AC	U13G	1.17

WORCESTER A.C. OPEN MEETING

1st August 2024

	Number	Forename	Surname	Club	Age Group	Performance
High Jump						
1st	280	Andrew	Jay	Worcester AC	SM	1.64
2nd	220	Evie	Moir	Yate & District AC	U17W	1.64
3rd	278	Ruben	Mabberley	Hereford & County AC	U15B	1.61
4th	252	Natalie	Seyler	Worcester AC	U17W	1.55
5th=	251	Sebastian	Seldon	Worcester AC	U15B	1.52
5th=	218	Elodie	McNelis	Worcester AC	U17W	1.52
7th	59	Thomas	Edge	Worcester AC	U17M	1.47
8th=	55	Hugh	Davies	Worcester AC	M50	1.37
8th=	72	Romy	Garner	Worcester AC	U17W	1.37
Long Jump (U15/U17/U20/Snr/Vet)						
1st	80	William	Harman	Worcester AC	SM	5.62
2nd	31	Elliot	Bannon	Leamington Cycling & AC	U17M	5.45
3rd	239	Evie	Rendell	Birmingham Running A&TC	U17W	4.92
4th	265	Fred	Tyler	Hereford & County AC	U15B	4.77
5th	78	Emma	Hall	Worcester AC	U17W	4.65
6th	276	Hugo	Wilson	Hereford & County AC	U15B	4.54
7th	236	Freddie	Rampling	Worcester AC	U15B	4.27
8th	244	Emma	Ross	Kidderminster & Stourport AC	U15G	4.22
9th	71	Melanie	Garland	Worcester AC	W60	4.21
10th	242	Elinor	Roberts	Unattached	U15G	4.20
11th	232	Lily	Parsons	Cardiff Athletics	U15G	3.96
12th	250	Noah	Seabright	Cheltenham & County Harriers	U15B	3.73
13th	286	Eva	Heyworth	Worcester AC	U15G	3.62
14th	77	Emily	Gromski	Worcester AC	U15G	3.48
15th	40	Harriett	Carey	Worcester AC	U15G	3.15